



Akwesasne Justice Department Akwesasne Community Justice Program

GENERAL INFORMATION

Registrant's Full Name: _____

Birth Date: _____

Parent/Guardian's Name: _____

Address: _____

Day Phone: _____ Cell Phone: _____

EMERGENCY CONTACT INFORMATION

Full Name: _____

Relationship to Registrant: _____ Phone Number: _____

MEDICAL INFORMATION

Please describe any medical condition or special needs the staff should be aware of regarding your child. Please include any allergies, dietary restrictions, etc.

Will your child be using any medications during the day? _____

If so, please list name of medication: _____

Please include written instructions for medication

Family Doctor: _____

Health Card Number: _____

DISCLAIMER

Note: by initialing below, you acknowledge that you have read and agree to each item.

Release Statement:

I hereby give permission for my child to attend the **Prevent Alcohol and Risk-Related Trauma in Youth (PARTY) Program**. I hereby release Mohawk Council of Akwesasne, its agents and employees from all claim of liability for any damages or injuries which may be sustained while my child is at the Ottawa Civic Hospital.

Initial: _____



Authorization of Treatment:

I hereby give my permission to the medical personnel selected by the staff to order necessary treatment for my child. In the event I cannot be reached in an emergency, I hereby give permission to the physician to secure and administer treatment for my child named above.

Initial: _____

Photo Release:

I hereby give my permission for my child's picture to be used for publications or video programs.

Initial: _____

Parent/Guardian Signature: _____ Date: _____

CODE OF CONDUCT

Parent/Guardian: Please review the following information with program registrant and indicate that you both understand and agree to the rules by signing at the bottom of the page.

1. Registrant will follow the directions of the staff.
2. Registrant will treat everyone with respect: teasing, put-downs, pranks and name-calling will not be tolerated.
3. Registrants may not possess or use any form of tobacco product, controlled substance, illegal substance or alcoholic beverage.
4. Registrants will participate in all scheduled activities and maintain a positive attitude.
5. **Registrants will not carry cell phones, musical devices or electronics at the presentation.**

Your Life, Your Choice

Choices to think about:

- Always have ID on you. This is important to have on you at all times, so that it is available in case of an emergency. You don't want to be a "John or Jane Doe."
- When you go out, make sure that you have a plan to get home safe. Sometimes this means having a Plan "B" in case the first plan doesn't work out?
- Being the designated driver (DD) comes with responsibilities. It is important to that all of your passengers get home safely. Do not drop them off and drive away. Make sure that they go into the house, and they are able to take care of themselves, or there is someone who can take care of them.
- Not wearing a seatbelt is against the law, and for good reason. If there is a crash, anyone not wearing seatbelts will be thrown inside or sometimes outside the car, this can cause injury to themselves and others. The best defense is to make it your rule that all passengers must buckle up while in your vehicle. No exceptions.
- Wearing your seatbelt properly is extremely important:
 - For once in your life don't share! Never buckle two people into a seatbelt. If you're in a crash, the force will cause both passengers to be thrown violently against each other.
 - Did you know? - It is illegal to carry more passengers in your vehicle than there are seatbelts.
 - Never flip the shoulder belt under your arm. Doing this causes the seatbelt to not work correctly if you are involved in a crash. The lap belt will then be pressed into your abdomen and could cause serious internal injuries.
- Always pour your own drink and don't lose sight of it.
- Multitasking, regardless of what you are doing, results in one of the tasks not getting your full attention. This could result in errors being made, which could have lasting consequences.
- Mixing alcohol with energy drinks is a bad idea. The high levels of caffeine in these drinks can boost your heart rate and blood pressure, causing your heart to beat out of control and other heart related problems. Mixing alcohol (a depressant) with energy drinks (a stimulant) can result in mixed messages in your brain, i.e. the symptoms of drunkenness may be reduced - but not the drunkenness. This could result in tricking people into thinking that they are not that drunk when they really are, and causing them to take greater risks and make poor choices.
- It's tough out there. You will have many new experiences and opportunities coming your way. You might have to make some difficult decisions and choices.

Remember.....

Make choices you can *live* with!

Adapted from: P.A.R.T.Y. Program Calgary

A P.A.R.T.Y. Day

Through a variety of teaching techniques including lectures, videos, simulated trauma resuscitation, tours of the Intensive Care Unit and the Emergency Department, and interaction with injury survivors, students see first hand what it would be like to be injured. Students are encouraged to think: "What if it happened to me?" There is candid discussion about what choices they could make in a variety of situations that would prevent themselves and their family and friends from being injured. Students begin their day with a discussion about parties, impairment, and injury. They are then introduced to the concept of Injury Prevention. A paramedic from Ottawa then outlines how injuries occur in a Motor Vehicle Collision (MVC), and how vehicles are designed to keep us safe. Teens view The Ottawa Hospital video production *Crashing the P.A.R.T.Y.*, which simulates teens involved in an impaired driving crash.

Students then proceed to the ER to see the "trauma" resuscitated. An emergency physician discusses the concept of *impairment*, and what choices can be made to avoid getting injured. Recent trauma cases are discussed to illustrate the point.

Time is then spent with the ER nurses, who outline all the equipment and the procedure for resuscitation. A tour of the Intensive Care Unit (ICU) follows. This is where students get their next glimpse of what it is like to be a trauma patient. They are encouraged to "put themselves in their place".

After a pizza lunch, the students then hear from a neuropsychologist who discusses brain injuries and then we have an RN talk about spinal cord injury.

Students then hear from different presenters in the field of Rehabilitation to explore some of the many personal and physical skills and adaptations they would need to master as they learn to live with an acquired disability.

The day ends with a presentation from one of our many injury survivors who are involved with our program.

These people share their stories of how they were injured, and are candid about their lives now that they are living with a disability.

The day is then reviewed and summarized. What did they learn? What will they do differently now? The students then leave with much food for thought. They are challenged to make the smart choice next time.

The Akwesasne Community Justice Program is participating
Prevent Alcohol and Risk Related Trauma in Youth
(PARTY Program) for ages 15—18

The students spend the day at the hospital to experience what it would be like to be in a car crash! Throughout the day they will be “walked through” the common course of injury and treatment after being a victim in that crash!

The goal is to help them recognize risk and make informed choices about activities and behaviors!

DATE:

Thursday December 21, 2017

TIME:

7:00 am to 4:30 pm

PLACE:

Ottawa Civic Hospital

PICK UP LOCATIONS:

Kateri Hall — 7:00 am

AMBE Foundations — 7:30 am

If you would like to participate please contact

Jodi Jackson at 613-575-5000 ext. 2408

COME JOIN THE FUN & LEARN TO MAKE INFORMED CHOICES



Prevent Alcohol and Risk Related Trauma in Youth
PREVENT



Mock scenarios carried out throughout the day by staff and students.



Remember.....

Make choices you can live with!