ONKWE'TA:KE

THE MOHAWK COUNCIL OF AKWESASNE NEWSLETTER

Volume 10 Issue 10 FREE Kenténha/October 2021

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MOHAWK COUNCIL HOSTS VARIOUS EVENTS FOR ORANGE SHIRT DAY



The Mohawk Council of Akwesasne hosted a variety of events for September 30th's Orange Shirt Day, also known as Truth & Reconciliation Day. Council distributed free orange tshirts to community members featuring a logo drawn by Akwesasne artist Joe King for a CBSA campaign last year to raise awareness of residential school history and their impact on indigenous communities. There was also a breakfast sandwich and traditional meal giveaway, Paint Akwesasne Orange (which encouraged Akwesasronon to display orange lights at their homes), Social Media posts to engage community, and much more! Nia:wen to all who participated to commemorate this day.

UPCOMING MCA MEETINGS & SPECIAL DATES:

GENERAL MEETING

The October General Meeting will be held via Zoom on October 28, 2021 at 6 p.m.

Please send an email to meetings@akwesasne.ca to receive a link to watch the meeting.

You can also send any questions you may have to meetings@akwesasne.ca as well.

MOHAWK COUNCIL **AKWESASNE** 2018-2021

Grand Chief

Abram Benedict

Kana:takon District

Chief Cindy Francis-Mitchell Chief Ryan Jacobs Chief Julie Phillips-Jacobs Chief Tim Thompson

Kawehno:ke District

Chief Vanessa Adams Chief Jackie Benedict Chief Edward Roundpoint Chief Vince Thompson

Tsi Snaihne District

Chief April Adams-Phillips Chief Sarah Lee Sunday-Diabo Chief JoAnn Swamp Chief Dwayne Thomasl

Administration

Heather Phillips Executive Director

Lorri Bova Director, Department of Infrastructure, Housing & Environment

Joyce King Director, Akwesasne Justice Department

Karen Hill Director. Department of Community and Social Services

> **Amber Montour** A/Director, Department of Health

Donna Lahache Director. Ahkwesahsne Mohawk Board of Education

Shawn Dulude Chief of Police, Akwesasne Mohawk Police Service

> Kylee Tarbell Á/Director, Tehotiiennawakon

WAT'KWANONHWERA:TON/GREETINGS

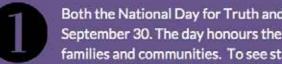


She:kon/Wat'kwanonhwera:ton,

The MCA Communications Team is proud to bring you a new issue of our print newsletter, Onkwe'ta:ke. The name Onkwe'ta:ke means "For the people" and the newsletter is our way of reporting MCA news and information to those we are serving...you, the people. MCA prides itself on transparency and accountability, and the news and reports in the pages to follow are MCA's attempt to ensure you receive informative and helpful news.

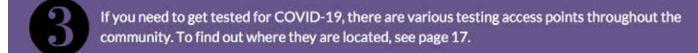
There is always a lot to learn about Council and the MCA departments, so we hope you find the newsletter both interesting and useful. We look forward to sharing our most valuable news with you in this format, and welcome you to provide feedback or suggestions by emailing our team at communications@akwesasne.ca.

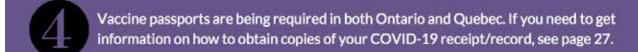
OUR MONTHLY LIST OF FACTS, REMINDERS & **IMPORTANT MESSAGES**

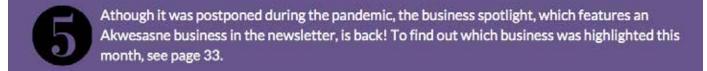


Both the National Day for Truth and Reconciliation and Orange Shirt Day take place on September 30. The day honours the lost children and survivors of residential schools, their families and communities. To see staff from the MCA showing their support, see page 4.











The Mohawk Council of Akwesasne shares disappointment and frustration in the Ontario government's decision not to recognize Truth & Reconciliation Day on September 30th. With this day being declared a federal holiday, all provinces had the opportunity to show their commitment to building relationships with First Nations communities and supporting the residential school healing process. Instead, Ontario and the cities that chose to follow suit have let down their Indigenous community members and failed to act as leaders to all citizens and children in the province.

The tragedy of residential schools is real, and it is recent. People alive today have been directly impacted by the unfathomable abuses of these schools. Our children suffered, our parents and families suffered, and our culture and language suffered. Turning a blind eye to this reality by ignoring Truth & Reconciliation Day is insensitive, counterproductive, unnecessary, and un-Canadian.

Premier Doug Ford, we urge you to take action as a leader and speak words of hope, compassion, reconciliation and unity to the people of Ontario and the more than 300,000 indigenous people who reside here and deserve to be seen.

To the cities and townships that chose to take steps on their own to recognize Truth & Reconciliation Day, we thank you for your expression of respect and friendship. Niawenhkó:wa to the City of Cornwall, Township of South Glengarry and the Township of South Stormont for closing their offices for the day on September 30th, and niawenhkó:wa to the Township of South Dundas and the Township of North Dundas for officially observing September 30th.

On September 30th, we encourage everyone to wear orange and reflect on the tragedies of the past, learn more about the history of indigenous people and residential schools, and make a solemn oath to be a part of our healing and ensure such history does not repeat itself.



MCA STAFF WEARS ORANGE FOR NATIONAL DAY OF TRUTH AND RECONCILIATION



Community Support.



KHF Front Desk/Reception.



Mohawk Government, ARRO, Entewatatha:wi, Executive Services.



DCSS Administration.



Economic Development.



Iohahi:io Staff and Students.

MCA STAFF WEARS ORANGE FOR NATIONAL DAY OF TRUTH AND RECONCILIATION



Human Resources.



Akwesasne Child and Family Services.



Council and volunteers handing out orange shirts.



Information Services.



Communications Unit.



The Akwesasne Mohawk Police Service.

ONTARIO TO REQUIRE PROOF OF COVID-19 VACCINATION FOR MANY PUBLIC ESTABLISHMENTS AND VENUES

Ontario Premier, Doug Ford, has announced that beginning on September 22, 2021, the Province of Ontario will require proof of vaccination for certain recreational/public settings. Individuals will need to provide proof they have received a second dose of the CO-VID-19 vaccine at least 14-days prior to attending the following establishments or participating in the following activities:

- Restaurants and bars (excluding outdoor patios, delivery, and takeout services)
- Nightclubs (including outdoor areas of the establishment)
- Meeting and events spaces, such as banquet halls and conference/convention centers
- Facilities used for sports, fitness, and personal fitness training activities, such as gyms, fitness, and recreational facilities, with the exception of youth recreational sports
- Sporting events
- Casinos, bingo halls, and gaming establishments
- Concerts, music festivals, theaters, and cinemas
- Racing venues (horse/car racing)

Ontario Premier, Doug Ford, has announced that be-ginning on September 22, 2021, the Province of On-tario will require proof of vaccination for certain recretional/public settings. Individuals will need to provide ber 12, 2021.

When attending any of these venues, individuals will be asked to show their vaccine receipt and government-issued photo identification. These mandatory requirements will not apply to outdoor settings, where the risk of transmission is lower, with the exception of outdoor nightclub spaces. This approach focuses on higher-risk indoor public settings where face coverings cannot always be worn.

By October 22, 2021, the Province of Ontario hopes to have completed an enhanced vaccine certificate, and a digital app that will allow businesses to scan a QR code on a person's phone to verify vaccination.

To read the full notice from Premier Doug Ford, please visit www.eohu.ca.

MASK MANDATE WITHIN MCA JURISDICTION STILL IN EFFECT

COUNCIL WEEKLY MEETING REPORT

SUBMITTED BY GRAND CHIEF ABRAM BENEDICT



AUGUST 23, 2021

- Representatives from the Nation Building Program provided Council with an overview of the draft governance code and the proposed actions to support governance development.
- Council discussed a proposed traffic study for all three districts and agreed that a resolution will be forthcoming to commission the study. Administration will follow up on the feasibility of temporary placement measures on McDonald Road located in the district of Tsi Snaihne to mitigate risks.
- A briefing was provided on the Ontario Residential School Leadership Meetings and the recent request from Akwesasne survivors.

- host General and District Meetings on Zoom rather than in person. Meetings will continue online for now and the decision will be revisited in two weeks.
- A briefing was provided on the current Council initiative to have Island annual lease fees reduced for Akwesasne members. Council determined the initiative will be extended but the annual fee will be adjusted from the current \$250.
- Council discussed a request from the Cornwall Community Museum for a representative to participate on committee. Portfolio will identify a representative and follow-up.
- A request to include financial expenditures on Council reports was discussed. Council will examine process and viability when regular financial reports are provided.
- Council reviewed the current Council committees and will provide the Government Manager with interest for appointment ratifications.
- Council discussed the decision to A letter of request for Council en-

- dorsement on policing concerns in the corridor on Kawehno:ke was discussed and will be forwarded to the Akwesasne Mohawk Police Commission.
- Council discussed the ongoing concern with vehicles parking on the street on Kana:takon. Administration will follow up on signage placement, MCA communications will remind community of parking safety and the proposed traffic study will review parking considerations.
- An update was provided on the recent Kana:takon Shoreline clean-up initiative and upcoming initiatives.
- Council discussed the continued concern with multijurisdictional police chases and will follow up with the police commission.
- MCR's passed: Approval of (4) amendments to Akwesasne Canada funding agreement; Approval of new lease on Ross Island; Approval of (3) land allotment to community member(s) for loan paid off; Approval of MCA signing authorities BMO US Harris Account.

SEPTEMBER 1, 2021

- Council identified a Chiefs committee to meet and recommend a possible commemoration event
- for September 30 (National Day for Truth and Reconciliation).
- A briefing was provided on an upcoming fundraiser, administra-
- tion will follow up with EOC to provide COVID-19 safety guidance.
- Council agreed that no meeting

COUNCIL WEEKLY MEETING REPORT

SUBMITTED BY GRAND CHIEF ABRAM BENEDICT

will occur next week due to the scheduled holiday.

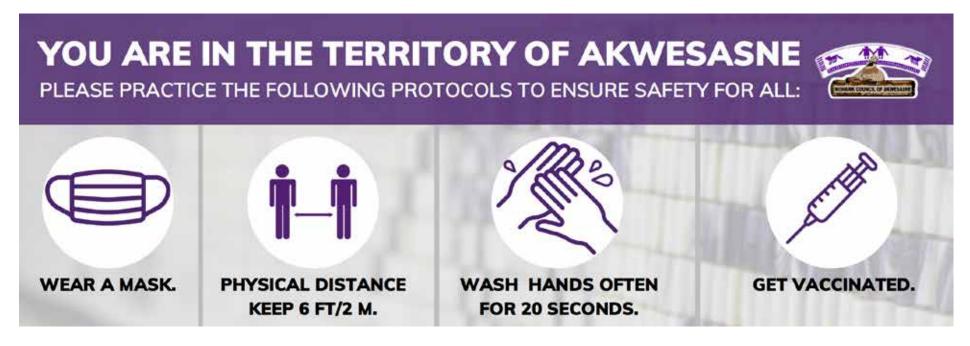
MCR's passed: Approval of issuance of cannabis retail license;

Approval of 2021-2024 Council Portfolio; Approval of lease on Thompson Island; Approval of participation in REASON project with Clarkson University; Approval Ministry of Health LHIN compliance declaration.

SEPTEMBER 13, 2021

- Representatives from the Aboriginal Rights and Research Office (ARRO) provided Council with an overview of research being conducted on the era of Indian Residential Schools in Akwesasne.
- A presentation was provided on a proposed project whereby Rogers Telecommunications would place a cell phone tower in Tsi Snaihne to increase access to reliable cell phone service. A presentation will be done at next week's General Meeting.
- Council discussed the current decision that no fishing permits will be issued and agreed to put out additional reminders to the surrounding public.
- A briefing was provided on the ongoing efforts to open the Akwessasne Healing Center and challenges being faced with permit issues for the facility.
 - Council set the General Meeting agenda for September 23, 2021 at 6 PM being hosted on the Zoom platform.
 - A briefing was provided on a

- request from the Friends of Hoople Creek requesting Council support the preservation of the creek and provide notice to users. Council will not participate or support the request.
- MCR's passed: Approval of internal rent reduction for Akwesasne lessees for a 5-year period; Approval of issuance of Cannabis Retail License; Approval of issuance of Cannabis Retail License; Approval of (4) Council Meeting minutes.



KAWEHNO:KE DISTRICT CHIEF VANESSA ADAMS UPDATES



Portfolios: DOH, Department of Work in Progress: Health, DCSS Department of Community Social Services, Public Safety, Economic Development

Monthly Notables:

- 1. Attended FTTH presentation on September 13th by our MCA Economic Development Pro- 2. Draft of 5-year Strategic Plan has gram. Niawen:kowa to the community of Kawehno:ke
- away we gave out 2000 tshirts designed by Joe King. Niawen:kowa to Joe King and to all who came out and will wear their shirt on September 30th Tshirts were shared with community, both long-term care facilities and Sweet Grass Manor.
- 3. Participated in planning for Orange Shirt Day September 30, 2021.
- 4. Met with Cornwall Mayor, City Council members of Cornwall & Fire Department in regards to Akwesasne Care Center.
- 5. Attended Monthly Health Portfolio Meeting on September 23,

- 2021, updates provided at gen- 3. Participate in MCA/SRMT EOC eral meeting.
- 6. Attended AFOA Leadership, Nation Building, Strategic Planning and Finance Training.
- 7. Attended all Council Meetings, General Meetings and District meetings on virtual platform.

Special Needs

- 1. Participated in 5-year Special Needs Strategic Plan sessions on Zoom meeting platform. This began in May 2021; ICA Associates rance nearing completion.
- been received and is ready for next steps with ICA Associates.
- 2. Attended orange shirt give- 3. Email sent to meet via Zoom with member of Community Living in Six Nations for SN Program.
 - 4. Meeting with ACESS Akwesasne Career & Employment Support Services Performance Plus Rehabilitation.

Public Safety

- 1. Street Lights need to be operational - in the Districts for Kawehno:ke please make note of the location and pole # contact myself 613-363-3891 or Cornwall Electric 613-932-0123 directly.
- 2. Participate in bi-weekly meeting with MCA/SRMT Leadership and Executive Director and EOC.

- COVID-19 Update call to provide and receive COVID-19 updates from various stakeholders in Akwesasne including area schools.
- 4. Participate in Monthly Border Partners Zoom Meeting with SRMT Leadership, US Border and CBSA.

Economic Development

- 1. Attended Zoom Presentation for the Fiber to the Home Project on September 13, 2021 for Kawehno:ke residents.
- namely Bill Staples and Mary Laf- 2. If you have not registered for FTTH please email ftth@akwesasne.ca. Provide your street address, contact information phone & email - free modems for first 500 registrants.
 - 3. Watch for more presentations and mailers from Akwesasne **Economic Development.**

DCSS Portfolio

- 1. Special Needs /Akwesasne Support Services - 5-year strategic plan review of draft and thank you to many departments within MCA and community members working together to better serve our families of Akwesasne.
- 2. Akwesasne Care center continues not yet to open due to permitting issues.
- 3. Update and farewell meeting with former Director Karen Hill.

KAWEHNO:KE DISTRICT CHIEF VANESSA ADAMS UPDATES

Department of Health

- 1. Monthly Portfolio Meeting September 23, 2021: Vaccine Reporting and Quarantine requirements to be presented at virtual General Meeting on September 23, 2021.
- 2. Update on ideas for new Clinic Space for our Doctors/Nurses in Akwesasne.
- 3. Please watch for Updates and PSA via CKON radio for upcoming vaccine clinics, updated CO-VID-19 information.

CBSA Internal Working Group

1. Plan and assignments of issues based on design thinking plan continue working together in the best interests of Akwesasne.

- 2. Domestic Lane pilot project continues.
- border crossing experiences at the Port of Cornwall with respect for our Akwesasne community members is on hold due to pending election.

Collaborative Opportunities

- 1. Working with local artist Victoria Ransom to beautify the tennis courts area with a mural to honour Residential School Survivors and victims.
- porarily change Domestic Lane signage to read "Every Child Matters" on September 30th.
- 3. Continuing work with AMPS on

- Watch/Vulnerable Community Persons Database.
- 3. This collaboration is to improve 4. Working with Tracy Thompson and NNATC to bring IRS Beaded Vamps to Cornwall for October 2021 after scheduled dates in Akwesasne.

Financial Status/Lobbying Progress

- 1. Space needs, ongoing permit issues for Akwesasne Care Centre Programs and Services.
- 2. Urgent need for Clinic Space for our Doctors/Nurses in Akwesasne.
- 2. Collaborating with CBSA to tem- 3. Need for Akwesasne Care Center to become open and operational before cold weather months.



KANA: TAKON DISTRICT CHIEF JULIE PHILLIPS-JACOBS UPDATES



Portfolios: Justice, Public Safety, AMBE

Committees: Finance; Green Team; Youth, Elders and Language Committee; Special Needs Committee.

Monthly Updates:

- Ahkwesahsne Mohawk Board of Education orientation via Zoom. The Director of Education and the managers went over their different programs and responsibilities. They are preparing for the upcoming 2021-2022 school year and plans are to be in person at this time.
- Department of Infrastructure, Housing and Environment Managers presented on their different programs and progress of projects for the 2021 budget season.
- Council members chipped in and we ordered food from TNT deli and subs from Jrecks to provide meals for the homeless Akwesasronon in Cornwall. Tina Point guided us throughout Cornwall

to the places of the people that she delivers food for regularly. Chief Vanessa, April, Cindy, Jackie, Sarah, Tim and myself were made aware of the needs of some of our people throughout Cornwall. We are hoping to do this Monthly.

- Kana:takon Chiefs got together to discuss the Harm reduction strategy that is to be in place to combat the image of the cannabis shops in the community. Many have reached out to see what Council will be doing about the negative image that these shops are having on our children. We will be reaching out to the Cannabis Working Group to see what the plans are and the addiction and prevention program for assistance.
- DIHE held a Zoom meeting on the Park St./Hilltop Dr. project for Kana:takon residence to discuss the replacement of water and sewer lines on these roads. Hilltop from Kanonhkwatseri:io to First Street will be done this season and finished by the end of November. Any trees that are removed will be replaced. Drive ways, ditching and culverts will also be done. Park Street will start in the spring of 2022.
- We held our last official Special Needs Strategic Plan meeting with the Council Working Group

and the ICA Associate Inc. consultants Mary Lafrance and Bill Staples. This meeting was to address any changes that were necessary for the Draft Strategic Plan that was presented. We thanked Mary and Bill for their time and working with us so diligently on this plan. Once final comments are received from the Associate Director we will receive the final document and all documents created throughout the process.

- Council started a series of training with AFOA Canada. We covered Governance, Leadership and Nation Building over the month of August. There was a lot of material covered and they had many examples to share with Council. Council was able to work together in small groups and get to know each other better through out the training. The training was beneficial but it was noted that Akwesasne was way ahead in most areas. There will be a few more sessions in September.
- Portfolio selection was done at the Kahwenoke Recreation. The Government Support Manager went over each portfolio one last time. Returning Council members were able to give their experience and expectations on their previous portfolios. The final selections will be brought to

KANA: TAKON DISTRICT CHIEF JULIE PHILLIPS-JACOBS UPDATES

Council table for MCR vote within the next week.

 Kanatakon District Chiefs held our first District Meeting. We
 had planned to discuss the Hilltop Drive construction, Special Needs update, what the village wants to see included on the rec-

reation plans for development and of any items of concern from the district.

Kanatakon District Chiefs met with Troy Thompson from Economic Development to explore ideas for the recreation field and trails. Troy had some great plans and has applied for grants to begin implementation if awarded the grants. Plans to meet with the Recreation and community to get input will be set up for next month.

COMPLIMENTS AND APPRECIATIONS

We want to give a nuge niawenko:wa to the DIHE Maintenance Team (Rakhas, Bill, Michael, and company) for their assistance in the Administration Building #1 moves for Mohawk Government, ARRO, and Nation Building. Their help was so greatly welcomed and appreciated, they worked hard to make sure all of our items were in place and helped with the little pieces of the puzzle that really made the bigger picture come to fruition.

We appreciate all their help!

-Administration Building #1 Staff (MG, Nation Building, ARRO, and Executive Services)



SOCIAL MEDIA CONNECTION

FACEBOOK STATS



Facebook Posts with the Most Likes in September

- 1. Council Hands Out Free Orange Shirts to Community Members
- 2. Statement to the Ontario Government and Cities Withholding Support for Truth & Reconciliation Day
- 3. Council Orange Shirt Giveaway
- 4. Orange Shirt Day 2021 Events
- 5. Kawehno:ke Recreation Thanksgiving Radio Bingo

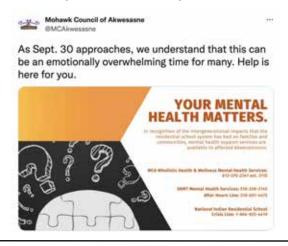
Facebook Posts with the Highest Reach in September

- Statement to the Ontario Government and Cities Withholding Support for Truth & Reconciliation Day — 20,087
- 2. Orange Shirt Day 2021 Events 10,200 reached
- 3. Council Orange Shirt Giveaway 7,454 reached
- 4. CDC Classifies Clinton County as Red Level County for COVID-19 Cases 6,224 reached
- 5. Police Investigate Sudden Death in Tsi Snaihne 4,935 reached

TWITTER STATS

Top Tweet in September





YOUTUBE STATS



<u>Highest Viewed Videos on the MCA Youtube Channel for September</u>

- 1. MCA & SRMT Live Talk Show: COVID-19 Vaccines
- 2. MCA General Meeting September 23, 2021
- 3. CKON Community Update with Grand Chief August 31, 2021





Call the Community Health Program at 613-575-2341 ext. 3220

or

Saint Regis Mohawk Tribe Vaccine Clinic at 518-333-0230 to receive your vaccine.

STOP THE SPREAD!

THE DELTA VARIANT:

- Is more transmissible
- Causes more severe disease
- Results in more hospitalization and death than any other strain

Protect our vulnerable populations. Get the shot. Get vaccinated.







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HESITANT TO RECEIVE THE COVID-19 VACCINE?

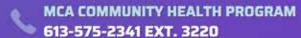




MCA'S DR. HORN ADVISES AKWESASRONON TO RECEIVE THE COVID-19 VACCINE.

"If you had a choice between the short-term, shortacting response to the COVID-19 vaccine vs. the longterm effects of COVID-19, it's a lot safer to take care of symptoms from the vaccine than the unknown long-term effects of the virus."

TO SCHEDULE AN APPOINTMENT TO RECEIVE YOUR COVID-19 VACCINE, CONTACT:







COVID-19





THE DELTA VARIANT

The new COVID-19 Delta variant is spreading rapidly, especially in the unvaccinated population.

The Delta variant is a reason to get vaccinated!

This is your shot!

Schedule an appointment to receive your vaccine by contacting:

- MCA Community Health Program | 613-575-2341 ext. 3220
- SRMT Vaccine Clinic | 518-333-0230

Protect our vulnerable populations. Get vaccinated.

COMMUNITY HEALTH PROVIDES THE COMMUNITY WITH COVID-19 TESTING ACCESS POINTS

The MCA Community Health Program is providing the low the signs to the testing garage.) community with COVID-19 testing access points. The following sites can be accessed to receive your CO-VID-19 test. As a reminder, community members who have been exposed to a positive case of COVID-19 are encouraged to wait until at least the seventh day of exposure to receive their COVID-19 test.

MCA COMMUNITY HEALTH PROGRAM

Kanonhkwa'tsheri:io Health Facility, Kana:takon 613-575-2341 ext. 3220 (Call to schedule an appointment for available days and times)

CLINIC

404 State Route 37 — 9:00 a.m. - 12:00 p.m. (Please use the road across from McGee Road and fol-

MOUNTAIN MEDICAL URGENT CARE (MALONE)

3372 State Route 11 518-521-3322

URGENT CARE MOUNTAIN MEDICAL (MASSENA)

2 Hospital Drive 315-705-0700

CORNWALL ASSESSMENT CENTER (CORNWALL)

850 McConnell Ave 343-475-0160

SAINT REGIS MOHAWK TRIBE COVID-19 TESTING Please be patient when contacting or scheduling your COVID-19 test. Many local resources are experiencing staff shortages, and are working to the best of their capacity to meet community testing demands.



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COVID-19 Vaccine Fact Sheet

Information provided by Health Canada

WHAT IS COVID-19?

COVID-19 is an infection caused by the coronavirus (SARS-CoV-2). It is passed from an infected person who coughs, breathes, sings, or talks (droplets from the mouth).

It is possible to have no symptoms and still spread the COVID-19 infection (asymptomatic).

HOW DOES THE COVID-19 VACCINES PROTECT AGAINST THE VIRUS?

The vaccine works by presenting your body with something that looks like the infection so that your immune system can learn how to produce its own natural protection.

This natural protection prevents infection if you come in contact with an individual who has COVID-19.

WHO CAN RECEIVE THE VACCINE?

The Pfizer BioNTech COVID-19 vaccine is approved for individuals 12 years of age and

The Moderna COVID-19 vaccine is approved for individuals 18 years of age and up.

A discussion with your primary healthcare provider can assist in the prevention of any complications from the vaccine.

HOW IS THE VACCINE ADMINISTERED?

The COVID-19 vaccine is administered via injection in two doses, given 21-28 days apart.

After receiving your first does of the COVID-19 vaccine, you will be provided with a follow up appointment for your second dose.

WHAT ARE THE SIDE EFFECTS OF THE VACCINE?

The most commonly reported side effects are pain at the injection site, tiredness, headache, fatigue, chills, joint pain, and mild fever.

These side effects typically subside after 1-2 days after injection.

MY SIDE EFFECTS AREN'T GOING AWAY. NOW WHAT?

If your side effects haven't subsided after a few days, contact your healthcare provider.

Contact emergency services if you experience any adverse reactions such as:

- Hives
- · Swelling of the face/mouth
- · High fever
- Serious drowsiness
- · Convulsions or seizure
- Numbness/"pins and needles"

To register for the COVID-19 vaccine, please contact the Community Health Program at 613-575-2341 ext. 3220.

Take your shot! Get the vaccine.



COVID-19 Age 12-17 Fact Sheet

What is COVID-19?

COVID-19 is an infecition caused by the coronavirus (SARS-CoV-2), and is mainly passed from an infected person through coughing, sneezing, talking, breathing, or singing.

What are the symptoms of COVID-19?

Cough, shortness of breath, fever, chills, body aches, tiredness, loss of taste or smell. An infected person can also have no symptoms at all (asymptomatic).

How does the vaccine protect me from COVID-19?

The vaccine works by presenting something to your body that looks like the infection, causing your body to produce its own natural protection. The natural protection helps prevent infection if you come in contact with an individual who has COVID-19.

Who can receive the COVID-19 vaccine?

The Pfizer BioNTech COVID-19 vaccine is currently approved for individuals 12 years of age and older. The vaccine is administered in two doses, 21-28 days apart.

What are the side effects of the vaccine?

The most common reported side effects are pain/swelling at the injection site, mild fever, chills, body aches, and tiredness. Some experience no side effects at all.



Take your shot! **Contact the Community** Health Program if you're interested in receiving the **COVID-19 vaccine at** 613-575-2341 x3220.



KANONHKWA'TSHERI: IO ENTRANCE & SERVICE PROCEDURES

The Mohawk Council of Akwesasne's Department of Health (DOH) is reminding the community about the entrance procedures when accessing services at the Kanonhkwa'tsheri:io Health Facility. Due to COVID-19, the health facility's entrance procedures need to be adhered to, as we strive to maintain the health and safety of our community and staff members.

When arriving at Kanonhkwa'tsheri:io for your appointment, please follow the guidelines listed:

- Schedule your appointment with your provider, who will do a COVID-19 screening over the phone.
- When arriving at Kanonhkwa'tsheri:io, please park in the designated parking spots (#1-15). Please arrive on time for your appointment. Should you arrive early, please remain in your vehicle.
- Call your provider to notify them of your arrival at 613-575-2341. Inform them of the make and model of your vehicle, and the numbered spot in which you are parked. Do not wait in the Waiting Area inside the facility. Please remain in your vehicle until your service provider has come outside to greet you and escort you

into the building.

- When entering the facility, you will be screened for COVID-19 at the reception area. It is VERY IMPORTANT that you answer the screening questions HONESTLY AND TRUTHFULLY.
- You will be escorted by your provider to your scheduled appointment.
- Only one patient will be allowed in the facility at a time, however, if the patient requires assistance, they may be accompanied by ONE support person/parent/quardian.
- When entering the health facility, WEARING A MASK IS REQUIRED. Please maintain a social distance of 6-feet from others around you. Refusal to wear a mask will result in refusal of entry into the facility.

Upon completion of your appointment, please wait to be escorted back out to your vehicle. Please don't loiter or visit within the facility, as we are ensuring a healthy, safe environment for our community members and staff.



FINDING RELEVANT & RELIABLE INFORMATION DURING COVID-19

In a time when an online search for "COVID-19 information" produces an astonishing 5 billion hits, deciding where to get your facts from can feel overwhelming.

Whose news can you trust?

When you factor in misinformation, it gets harder to wade through and know what resources you can rely on...it can also cost lives. Here's a list of sources that provide factual information to help manage the *infodemic*.

RELIABLE SOURCES

- Mohawk Council of Akwesasne (MCA)
- Saint Regis Mohawk Tribe (SRMT)
- Eastern Ontario Health Unit (EOHU)
- Public Health Agency of Canada
- Centers for Disease Control & Prevention (CDC)
- World Health Organization (WHO)
- Johns Hopkins Coronavirus Resource Center
- Your licensed healthcare provider





UNRELIABLE SOURCES

- Blog platforms/websites
- Hyperpartisan sites
- YouTube (unless posted by a verified, reliable source)
- Conspiracy theorists
- · Satire websites
- Word of mouth/gossip



COMMUNITY HEALTH PROGRAM PROVIDES UPDATE ON SCHOOL-REQUIRED **VACCINES**

Health Program offers vaccinations in accordance with Vaccine Nurse, as walk-ins are not accepted. the Publicly Funded Immunization Schedule for Ontario. Publicly funded vaccines are provided to eligible individuals free of charge.

Students that attend schools in the United States will reguire vaccinations that the Community Health Program cannot provide at their office without a prescription, which will have to be filled at the cost of the individual. If you are not sure whether your required vaccines are free at the Community Health Program office, please call 613-575-2341 ext. 3220.

Students requiring vaccines outside of the Ontario Publicly Funded Schedule will require a prescription from a healthcare provider, and be filled at the individual's expense.

Prior to filling a vaccine prescription please ensure that

The Mohawk Council of Akwesasne's Community you have an appointment with the Community Health

For children attending school at the Ahkwesahsne Mohawk Board of Education (AMBE) schools, the School Based Immunization Program for Grade 7 and 8 students is deferred until further notice. We expect that this situation will change by mid-October.

It is advised that individuals call the St. Regis Mohawk Tribe Health Services to see if their child is eligible to receive the vaccinations that are required for entrance to schools in New York State.

Thank you for your understanding. Our goal is to vaccine all children in a timely and safe manner in accordance with the Publicly Funded Immunization Schedule. If you have any questions or concerns, please call the Community Health Program at 613-575-2341.

COMMUNITY HEALTH PROGRAM PROVIDES **UPDATE ON SCHOOL-**REQUIRED VACCINES

DOH OFFERS CONDOLENCES TO FAMILY OF MARY SMOKE

The Department of Health offers its sincere condo- She took many of her co-workers under her wing and lences to the family and friends of Mary Smoke. Mary had been a cherished employee of the Home Care for her clients. Home Support team for many years. We share the sorrow of her loss.

Mary was a unique soul. She loved what she did and did what she loved. She always showed compassion and empathy. She was a very supportive and nurturing individual who put everyone else before herself. Mary took pride in caring for the seniors of our com- Thank you for all that you've done, Mary. You will be munity and always made sure to lend a helping hand. forever in our hearts.

showered them with the same love and care she had

She shared so many experiences with her co-workers, from the seniors' picnic to all the gatherings with her "work family:" birthdays, retirements, Christmas parties, staff activity days, etc. Mary will forever be a staple in the Home Care Home Support Program.



WALKTOBER 2021

The MCA Community Health Program's Diabetes Ser- Deadline to register is October 4, 2021. vices team would like to invite Akwesasronon to participate in Walktober, a 31-day walking campaign!

When you join Walktober, you can look forward to:

- A boost in your energy and outlook.
- Increased ability to handle stress.
- A healthier, fit appearance.

For more information, please contact Rachel George at 613-575-2341 ext. 3241 or email rachel.george@akwesasne.ca.

The restful sleep that comes from an active lifestyle. Click here to download the Walktober calendar: http://www.akwesasne.ca/walktober-2021/



WHOLISTIC HEALTH & WELLNESS

ADDICTION S PROGRAM

Bonnie Bradley, Clinical Supervisor
Joey David, Cultural Addictions Specialist
Sierra Johnson-Sunday, Addictions Case Manager

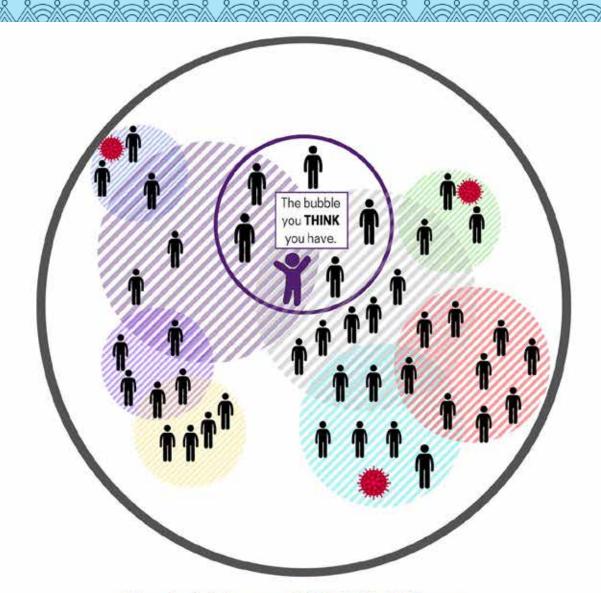
The Addictions Program offers wholistic medicine wheel assessments, and other services, to assist community members in their recovery process.

SUBSTANCE USE CAN BE A LIFE-OR-DEATH DECISION.

CHOOSE TO EMBRACE LIFE AND RECOVERY.



CALL 613-575-2341 TO SPEAK TO SOMEONE FROMM THE ADDICTIONS SERVICES TEAM



The bubble you **ACTUALLY** have.

Social gatherings of small social bubbles and families are a contributing factor in rising COVID-19 cases. For everyone's safety, please limit social gatherings to those who live with you and use alternate means of socializing and communicating with anyone outside your household.

This is temporary.

Let's all take action to stop the spread of COVID-19 in our community.



DOH PROVIDES COMMUNITY WITH VACCINE RECORD INFORMATION

The Department of Health (DOH) is providing the community with information on how to obtain copies of your COVID-19 receipt/record. With vaccine passports being required in Ontario and Quebec in the very near future, the DOH would like to ensure the community is aware of the process to obtain their vaccine record. Beginning on September 22, 2021, proof of COVID-19 vaccination will be required to access many indoor settings in Ontario. On October 22, 2021, Ontario will be moving towards an upgraded proof of vaccination, which includes a QR code, followed by an app consumers and businesses can download and use. Quebec began requiring proof of vaccination on September 1, 2021 to access many indoor public venues.

Community members who received their COVID-19 vaccine through the Community Health Program clinics can obtain a copy of your vaccine receipts via the following website: https://covid19.ontario-health.ca. You will need your green Ontario health card number, date of birth, and postal code. If you do not have a photo health card, call the Provincial Vaccine Booking Line at 1-833-943-3900 (8 a.m. - 8 p.m., 7 days a week).

Any community members who have received their CO-VID-19 vaccines from outside of Ontario (Saint Regis ing," enter in your production to the Eastern Ontario Health Unit's COVaxON Vaccination Management System by visiting www.eohu.ca, and clicking on the link labeled "Register a Record of COVID-19 Vaccination Received Outside of Ontario" at the bottom of the page. (For QHIP card holders, enter all 0's into the card information as possible on the registration page (first name, last name, date of birth, phone number, email, postal as menu, select "COV menu, select "COV ing," enter in your provider to book an appoint to book an appoint of the postal ing," enter in your provider to book an appoint of the postal ing," enter in your provider to book an appoint of the postal ing," enter in your provider to book an appoint of the page. (For Ontario and Quebec.

code for which district you reside). Upload a picture of your CDC vaccination card to the site (ensure the card has BOTH doses and LOT number showing). It takes approximately 72 hours to be register into the COVax system once everything has been submitted. If you don't have internet access, you can call 1-866-318-0522 for assistance.

Community members who received their vaccine in Quebec and are in need of their Proof of Vaccination Receipts can access the "Self Service Portal" on the website www.quebec.ca. Once at the website, click on the "Health" link, followed by the "Health Issues link," then the "A to Z" link. Scroll down to "Coronavirus" and click on "Vaccination Appointments." Scroll down the web page to "Accessing the Self-Service Portal" link. Fill out the required information on the page to receive a digital copy of your vaccine receipt.

Community members who received their vaccination outside of Quebec, and would like to register their vaccine record with Quebec, can go to the Clic Santé Portal at www.clicsante.ca to register their vaccine record. To register your vaccine record, click on "Choose a service", and from the dropdown menu, select "COVID-19 Vaccine - Troubleshooting," enter in your postal code, and select from the menu the closest health service. You will be required to book an appointment with the nearest service provider to have your vaccine record registered with Quebec.

Ontario and Quebec will accept proof of vaccinations received outside the provinces if a printed proof of vaccination is presented with accompanying identification. Ontario will also accept an electronic receipt.

HOW TO OBTAIN YOUR COVID-19 VACCINE RECEIPTS FOR ONTARIO RESIDENTS



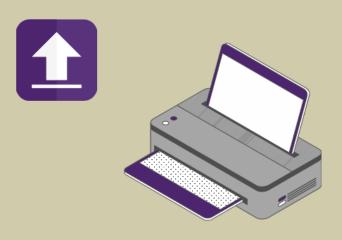
Visit https://covid19.ontariohealth.ca.



Enter in your green Ontario Health Card information (numbers on front and back).



Click on the "Vaccination Receipts Link".



Download a copy of your vaccine receipt.

Save a copy to your phone, or print a physical copy for yourself.

FOR MORE INFORMATION, PLEASE CALL THE COMMUNITY HEALTH PROGRAM AT 613-575-2341

HOW TO REGISTER YOUR VACCINE OUTSIDE OF ONTARIO



Log on to www.eohu.ca.

Click on "Register a COVID-19 Vaccine Outside of Ontario".



Upload your information on the registration page (first and last name, date of birth, phone number, email address, and postal code for the district in which you reside).



Upload a picture of your CDC vaccination card on the website.

Make sure the date of both doses and the lot numbers are visible.



It takes approximately 72 hours for the information provided to be updated to the Ontario COVax Vaccination Registration System.

FOR MORE INFORMATION, PLEASE CALL THE COMMUNITY HEALTH PROGRAM AT 613-575-2341

HOW VACCINES WORK



Vaccines contain a modified form of virus or bacteria that doesn't cause disease, but does "teach" your immune system what to do if you are ever attacked by the real, potentially dangerous virus or bacteria.

When you get vaccinated, your immune system responds just as it does to any other "intrusion" by creating antibodies to fight off the particular virus or bacteria.





For some diseases, more than one dose of the vaccine, or a booster dose later in life may be needed to ensure full and lasting protection. The COVID-19 Vaccine requires two doses, at least 21 days apart.

After vaccination, your body remembers this specific intruder. If you ever come in contact with the real virus or bacteria, the right antibodies quickly destroy it—before it has the chance to make you sick.



HERD IMMUNITY



When you and nearly everyone else in your community is immune to a contagious disease, it cannot spread easily. Together, you prevent the virus or bacteria from reaching those who cannot be vaccinated against it, including babies too young for the vaccine and individuals with health conditions or who are undergoing treatments that weaken their immune systems.



AHKWESAHSNE MOHAWK BOARD OF EDUCATION



AHKWESÄHSNE MOHAWK BOARD OF EDUCATION

le thi ha hon:nien - We make the road for them

AMBE Language & Culture Call Out

AMBE is seeking interested individuals to share their knowledge in the following areas:

Snow shoeing

Fishing

Hunting/skinning animals

Snow snake

Corn husk making

Gardening/harvest

Watha/ sugar camps

Medicine walks

Crafts:

Basket making

Moccasins

Kastowa making

Story Tellers

Community Helpers

Interested? Please contact Donna Lahache at (613) 933-0409 or email donna.lahache@ambe.ca

Ahkwesahsne Mohawk Board of Education (613) 933-0409 or (613) 575-2250 ext. 1400

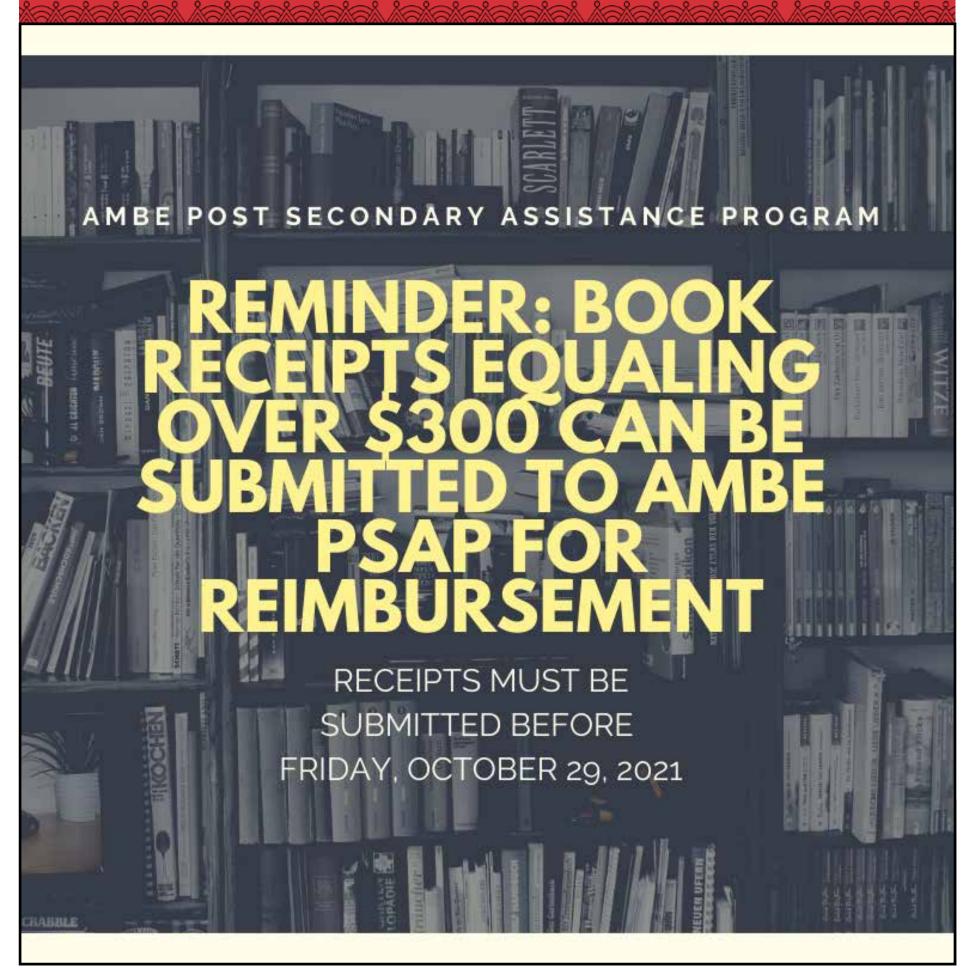
Ahkwesahsne Mohawk School (613) 932-3366

CONTACT US!

Tsi Snaihne School (613) 575-2291

Kana:takon School (613) 575-2323 Iohahi:io (613) 575-2754 or (613) 575-2250 ext. 4100

AHKWESAHSNE MOHAWK BOARD OF EDUCATION



DEPARTMENT OF ECONOMIC DEVELOPMENT

BUSINESS SPOTLIGHT—SMOOTH TEE NUTRITION CLUB

Kawehno:ke residents Lorrie Caldwell and Casey Leaf sugar and other unhealthy ingredients. Smooth Tee opened Smooth Tee Nutrition Club on May 1, 2021. They are located at 325 Island Road (next to Jock's Kwik Stop), on Kawehno:ke. Before they started the company, Lorrie got the idea from a similar store in Kahnawake that sold Herbalife products. She really enjoyed these teas and bought some ingredients home to share with family and friends - they were all immediately hooked and saw a business opportunity present itself. They wanted to be the first store to provide these teas on Kawehno:ke so they acted quickly and opened the doors shortly after.

One of their main goals is to provide a healthier option to community members, especially to those with diabetes, including children. Ice capps and energy drinks are popular in the community, but are also loaded with

Nutrition Club offer delicious, sugar free options such as "Lit Teas", collagen + protein teas and meal shakes in a wide variety of flavors. There are endless amounts of recipes available, so they regularly switch up their menu. Take-home kits are also available for those who are travelling.

Lorrie is a personal trainer, so naturally the company would like to incorporate her training and health/weight loss challenges into the business in the near future.

Smooth Tee Nutrition Club will be found on Facebook and plan to expand to Instagram, Snapchat and Youtube in the near future.



CONTACT US!

A'nowara'ko:wa Arena (613) 936-1583

Economic Development (613) 575-2250 ext.1053

Emergency Measures (613) 575-2250 ext. 1030

DEPARTMENT OF INFRASTRUCTURE AND HOUSING

HILLTOP DRIVE PHASE I RECONSTRUCTION PROJECT: KANA:TAKON

Scheduled Sewer Service Shut off

This notice is to inform the residents of Kana:takon Should you have guestions regarding the sewer serlocated on Hilltop Drive that Lazore's Construction is vice shut-off requirements for the Hilltop Drive Phase continuing installation of the sewer pipe replacement | project, please contact the Construction Contractor, as part of Phase I infrastructure & road reconstruction Lazore's Construction by calling 518-358-3017, or, conproject. Lazore's will let homeowners know the day tact one of the members of the Project Team by calling before a scheduled shut off and provide more detail the MCA Department of Infrastructure Housing & Enabout the timelines for service shut off.

vironment at 613-575-2250.

GARBAGE PICKUP SCHEDULE

Tsi Snaihne—Thursday Kawehno:ke-Friday Kana:takon-Saturday





RECYCLING **PICKUP SCHEDULE**

Tuesday for ALL districts.



CONTACT US!

Administration (613) 575-2250 ext. 1003

Maintenance Program (613)-575-2250 ext. 1022

Roads Department Central Dispatch (613) 575-2340 or (613) 938-5476

Water / Wastewater Infrastructure Emergency (613) 575-2000

After Hours Pager (518)404-3352 Office Hours Mon - Fri. 8AM-4PM (613) 933-4924

Solid Waste Management (Garbage and Recycling) (613) 575-2250 ext. 1022

> Housing (613) 575-2250 ext. 2300

> **Environment** (613) 575-2250 ext. 1038

AKWESASNE MOHAWK POLICE SERVICE

NIA:WEN TO SEVEN DANCERS COALITION

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AMPS would like to send out a big niawenhko:wa It was greatly appreciated by all! to the amazing crew at Seven Dancers Coalition for the wonderful care package for all our staff. Nia:wenhko:wa.



AUGUST 2021 STATISTICS

Total: 276		2	1003 Assist Other Agencies-Tribal PD	1	1040 Traffic Complaint
1	024 Break & Enter-Residence	38	1004 Assist Public	4	1041 Mental Health Act
1	030 Theft-Other Motor Vehicles	2	1006 Document Service	1	1049 Medical Aid
1	033 Theft Over \$5,000-Motor Vehicles	1	1007 Breach of Probation	1	1050 Youth Complaint
1	035 Theft Over \$5,000-Other	8	1008 By-Law Dogs	4	1056 Hazardous Conditions
1	040 Theft Under \$5,000-Other	1	1011 By-Law-Other	17	106 Provincial Statutes-Other
1	045 Frauds-Other	1	1012 Civil Disputes	12	1063 Marine Patrol
1	058 Offensive Weapons-Other	22	1013 Community Services	1	107 Municipal By-Laws
1	060 Arson	11	1014 Crime Prevention	1	1070 Sex Offender Registry
3	061 Bail Violations	1	1015 Committal Warrants	1	204 Sexual Assault
2	063 Disturb The Peace	1	1016 Domestic Dispute (non-violent)	1	205 Assault-Level 1
1	071 Mischief Over \$5,000	2	102 Other Federal Statute Offences	2	3030 Admin-Assist Other Agency
4	072 Mischief (Prop. Dam) Under \$5,000	4	1023 Judge's Order (Court)	2	705 Dangerous Operation MV
1	087 Cannabis-Possession	1	1023 MVC-Non-Reportable	2	715 Fail to Stop/Remain (CCC)
6	100 Immigration Act	1	1024 Phone Calls	3	717 Fail to Stop/Remain (HTA)
3	1000 Abandoned Vehicles	2	1025 Property-Seized	3	718 Careless Driving (HTA)
12	1001 Alarms	6	1029 Suspicious Persons	24	721 Traffic-Provincial Statutes
1	1002 Alerts	3	1030 Suspicious Vehicles	2	725 PI MVC (Personal Injury)
10	1003 Assist Other Agencies-Ambulance	15	1031 Suspicious Circumstances	1	726 PD MVC Over \$1000 (Property
7	1003 Assist Other Agencies-Cornwall PS	1	1032 Sudden Death	Dama	age)
8	1003 Assist Other Agencies-Other	2	1036 Warrant-Bench/First	2	Incident Type Not Listed

COMMUNITY HEALTH INVITES YOU TO A SERIES OF.

VIRTUAL YOGA CLASSES

Step on the mat, breathe, and rediscover your flow.

CLASSES START SEP 20-DEC 6,2021. TIME: 7-8PM

> PLEASE CALL TO REGISTER 613-575-2341 EXT 3247

