

# ONKWE'TA:KE

THE MOHAWK COUNCIL OF AKWESASNE NEWSLETTER

Volume 9 Issue 12

FREE

Tsiothóhrha/December 2020

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## COUNCIL PREPARES COVID-19 PACKAGES FOR ALL HOUSEHOLDS



*This month, the Mohawk Council of Akwesasne will be delivering bags to every household in its jurisdiction. The packages contain COVID-19 supplies such as thermometers, disinfectant wipes, hand sanitizer and masks, as well as resources and information to help you feel prepared throughout the pandemic. The chiefs will be arriving by school bus and will abide by safety and prevention practices. Council looks forward to providing you with these resources and wishes safety and health upon your entire family. We are all in this together.*

*Pictured, left to right, packing the bags: Chief Connie Lazore, Chief April Adams-Phillips, Chief Carolyn Francis, Chief Julie Phillips-Jacobs, Chief Tim "Dooley" Thompson. Missing from photo: Chief Vanessa Adams.*

## UPCOMING MCA MEETINGS & SPECIAL DATES:

### December General Meeting

The General Meeting for the month of December is cancelled due to the closure of the Mohawk Council of Akwesasne for the holidays.

Everyone at the MCA hopes that you have a happy holiday season!

# MOHAWK COUNCIL OF AKWESASNE 2018-2021

## **Grand Chief**

Abram Benedict

## **Kana:takon District**

Chief Theresa Jacobs  
Chief Darryl Lazore  
Chief Julie Phillips-Jacobs  
Chief Tim Thompson

## **Kawehno:ke District**

Chief Carolyn Francis  
Chief Edward Roundpoint  
Chief Vince Thompson  
Chief Vanessa Adams

## **Tsi Snaihne District**

Chief April Adams-Phillips  
Chief Connie Lazore  
Chief Joe Lazore  
Chief Tobi Mitchell

## **Administration**

Heather Phillips  
Executive Director

Heather Phillips  
A/Director,  
Department of Infrastructure &  
Housing

Joyce King  
Director,  
Akwasasne Justice Department

Karen Hill  
Director,  
Department of  
Community and Social Services

Keith Leclaire  
Director,  
Department of Health

Donna Lahache  
Director,  
Ahkwesahsne Mohawk Board  
of Education

Shawn Dulude  
Chief of Police,  
Akwasasne Mohawk Police  
Service

Kylee Tarbell  
A/Director,  
Tehotiennawakon

# WAT'KWANONHWERA:TON/GREETINGS

She:kon/Wat'kwanonhwera:ton,

The MCA Communications Team is proud to bring you a new issue of our print newsletter, Onkwe'ta:ke. The name Onkwe'ta:ke means "For the people" and the newsletter is our way of reporting MCA news and information to those we are serving...you, the people. MCA prides itself on transparency and accountability, and the news and reports in the pages to follow are MCA's attempt to ensure you receive informative and helpful news.

There is always a lot to learn about Council and the MCA departments, so we hope you find the newsletter both interesting and useful. We look forward to sharing our most valuable news with you in this format, and welcome you to provide feedback or suggestions by emailing our team at [communications@akwesasne.ca](mailto:communications@akwesasne.ca).

## FIVE THINGS

OUR MONTHLY LIST OF FACTS, REMINDERS &  
IMPORTANT MESSAGES

- 1** In order to protect each other, staff and community members, measures are being taken when community members enter MCA buildings, including a temperature check, health screening, and a mask requirement. Read more on page 4.
- 2** The MCA COVID-19 Testing Site has been relocated to 33 Third Street in Kana:takon. Please ensure that you have an appointment in order to get tested. Read more on page 5.
- 3** The Department of Health recommends to only gather with those that reside in your household. Read more DOH recommendations on page 17.
- 4** The MCA is once again offering the Akwasasne Heating Assistance Program for registered members of the MCA in the northern portion of Akwasasne (and municipal boundary of the City of Cornwall). The final deadline to apply is December 4. Find out more on page 3.
- 5** The Mohawk Council of Akwasasne is officially in the Orange Restrict level. To find more about the Public Health Code System, go to page 20.



# NEWS

## MCA REINSTATES COMMUNITY CURFEW

As of November 23, 2020, due to the rise in cases of COVID-19, the Mohawk Council of Akwesasne has reinstated the community curfew in accordance with the Akwesasne Emergency Curfew Law.

MCA's cases of COVID-19 have increased from two (2) in September to a total of 31 as of today. There are presently four (4) active cases and 27 recovered.

The curfew is in effect immediately from 11 p.m. to 5 a.m. Travel for essential purposes only, such as for work, is permitted during those hours.

MCA's travel radius is also still in effect. Travel is permitted within a 100 mile/160 km radius (excluding the hot spot of Montreal) without a quarantine requirement. Any travel outside the radius must be for essential purposes and quarantining for 14 days is mandatory upon your return or arrival to Akwesasne.

"Council is confident that community compliance with the curfew and travel restriction will help to keep our community safe from COVID-19," said Grand Chief Abram Benedict. "We will continue to monitor our local situation and the recommendations from local and regional health agencies and officials in order to make decisions in the best interest of the health and safety of our entire community."

MCA's Department of Health has advised the community to limit social gatherings to those within your household only.

Please be vigilant about wearing a mask when around those outside your household, socially distance yourself from others by 6-feet/2-metres, and wash hands and surfaces regularly. It's also important that you stay home if you are sick, have been exposed to COVID-19, or are awaiting test results.

Let's get through this together. Be kind and stay safe.

## MCA'S CURRENT COVID-19 GUIDELINES



**SOCIAL GATHERING LIMIT:**  
10 INDOOR — 25 OUTDOOR



**TRAVEL RADIUS:**  
100 MILES/160 KILOMETRES  
(EXCLUDING MONTREAL)



**CURFEW:**  
11 P.M. - 5 A.M.

# NEWS

## REMINDER: 2020-2021 AKWESASNE HEATING ASSISTANCE PROGRAM

The Mohawk Council of Akwesasne would like to inform the community that the Akwesasne Heating Assistance Program will once again be offered for the upcoming 2020-2021 winter months. The eligibility application process now includes Akwesasronon who are residing within the municipal boundary of the City of Cornwall, Ontario, provided the applicant is a registered member of the Mohawk Council of Akwesasne under the Akwesasne Membership Code. The program is also extended to clients of the Community Support Program. The application process is open to Akwesasronon who reside under the jurisdiction of Mohawk Council of Akwesasne, one per household. Applications from last year are now being taken over the phone due to the COVID-19 pandemic. You do not have to fill out an application again for this year. If you applied last year, someone from the Community Support Program will be in touch with you soon.

Individuals who applied last year will automatically be contacted by staff of the Community Support Program to verify your application and to see if you wish for your heating source payment to remain the same, or go to a different provider. If you are a new applicant or have not

heard from the Community Support Program, please call our office at (613) 575-2341 ext. 3262 and we will assist you with the application process over the phone.

As per Mohawk Council Resolution 2020/2021 #138 for this year only, if you are age 59 and under, the heating assistance amount will increase from \$500 per eligible household to \$700. If you are an Elder aged 60 years and older, the increase will be from \$800 dollars per eligible household to \$1000.

Once approved, your name will be provided to your heating source provider and your allotment will be credited to your account.

Application verifications from last year are now being confirmed by phone effective the release of this communique to the public under the Mohawk Council of Akwesasne.

The final deadline for applications will be Friday, December 4, 2020. There will be no exceptions after the deadline date, as the fuel distribution will commence at that time.

2020-2021

## AKWESASNE HEATING ASSISTANCE PROGRAM

Individuals who applied last year will automatically be contacted by staff of the Community Support Program to verify your application and to see if you wish for your heating source payment to remain the same, or go to a different provider.

If you are a new applicant or have not heard from the Community Support Program, please call our office at

**(613) 575-2341 ext. 3262**

and we will assist you with the application process over the phone.

DEADLINE:  
FRIDAY,  
DECEMBER 4



# NEWS

## REMINDER OF PROCESS FOR ENTERING MCA BUILDINGS

In order to protect each other, staff and community members, from COVID-19, there are measures in place at Mohawk Council of Akwesasne buildings.

### These procedures include:

- A temperature check. A temperature of 100.0 °F or higher is considered a fever and you may not enter our buildings. A temperature lower than 100.0 is not considered a fever. Please note this temperature was recently reduced from the previous guidelines of 100.4.
- A health screening. If you answer yes to any of the questions about travel, symptoms, or exposure to a confirmed case of COVID-19, you may not enter.
- COVID-19 testing screening question: You will be asked if you or anyone in your household are awaiting test results for COVID-19. If yes, you may not enter.
- Wearing of a mask at all times in public spaces, unless the program you are visiting has arrangements for six feet of distance. Masks must be worn by anyone moving about the buildings. Staff may be permitted to remove masks when seated/working at their own workspace/office/desk only.

MCA prohibits anyone experiencing sickness or cold and flu symptoms from entering our buildings. Please contact the MCA Community Health Program for advisement if you are sick with any COVID-19 symptoms, which could include:

- Fever
- New/worsening cough
- Shortness of breath
- Sore throat
- Difficulty swallowing
- Decrease or loss of sense or taste of smell
- Chills
- Headaches
- Unexplained fatigue/malaise/muscle aches
- Nausea/vomiting/diarrhea/abdominal pain
- Pink eye
- Runny nose/nasal congestion without a known cause (such as seasonal allergies)
- In children: Croup or Multisystem inflammatory vasculitis

If you have any questions about these procedures or requirements, please contact the MCA Community Health Program at 613-575-2341 ext. 3220.

Remember, we are all in this together.

## PROCESS FOR ENTERING MCA BUILDINGS

In order to ensure the safety of all, there are protective measures in place at all MCA Buildings.



A temperature check will be taken.  
If you have a temperature over 100.0 ° you may not enter building.



A health screening will be given. If you say "yes" to any of the questions, you may not enter.



You will be asked if you are awaiting results for COVID-19. If yes, you may not enter.



You must wear a mask at all times, unless the program you are visiting has set-up with of 6 ft of distance.



# NEWS

## MCA COVID-19 TESTING SITE RELOCATION

The MCA Department of Health would like to remind the community that their COVID-19 testing site has been relocated to 33 Third Street in Kana:takon (St. Regis).

The mobile testing unit will be stored for the fall & winter months. We anticipate re-activating the mobile unit in the spring of 2021.

If you have questions about COVID-19 and testing, please call the MCA Community Health Program at 613-575-2341 ext. 3220.



*COVID-19 Testing Site is now located at 33 Third Street in Kana:takon (St. Regis).*

## MCA WEDNESDAY CLOSURES

The Mohawk Council of Akwesasne's non-essential programs and offices will be closed to the public on Wednesdays in order for staff to manage COVID-19 preparations and build employee morale.

Essential programs, 24-hour facilities, and some other programs and offices will remain open. The following programs and offices are among those that are OPEN on Wednesdays:

- Community Health
- Medical Clinics including lab work appointments
- Dr. Dan's Dental Office
- Dr. Dubuc's Optometrist Office

- Proxim Pharmacy
- Akwesasne Mohawk Police
- Akwesasne Mohawk Ambulance
- Ahkwesahsne Mohawk Board of Education schools, including Iohahi:io and the AMBE Board Office
- Emergency Operations Centre
- Akwesasne Family Wellness Program

This list may not include all programs or offices that are open on Wednesdays. Please call the main MCA phone line at 613-575-2250 if you have questions or need to reach one of our programs.

# COVID-19 COMMUNITY UPDATES



Subscribe to our e-newsletter to receive updates, announcements and resources twice a week from the Mohawk Council of Akwesasne.

Visit [akwesasne.ca/signup](https://akwesasne.ca/signup).

# ENTEWATATHÁ:WI - "WE WILL GOVERN"

## ENTEWATATHÁ:WI—TECHNICAL REVIEW PROCESS

The Entewatathá:wi Self Government Agreement continues to evolve through the Technical Review Process. This process includes technicians from Entewatathá:wi, MCA Legal Counsel, and Justice Canada Counsel to correct grammatical errors and legal technical clarification of the Agreement. After this review the sections reviewed are then forwarded to Main Table Negotiation Table for approval. During this pandemic we are working from home and with technology we can host meetings and discussions.

It has been an incredibly challenging year for everyone. Due to restrictions we cannot have meetings with our community members, although we think of them often and we wish them a safe journey through this COVID-19 pandemic.

Entewatathá:wi members presented an information session to members of the Akwesasne of Mohawks Police Force by Zoom. In the presentation we spoke on the past relationships, evolution of governance and the possibility of a new relationship with Canada with through the Self Government Agreement.

Part of the Entewatathá:wi mandate is to share the culture and history of Akwesasne. This article will share one of the traditions of the holiday season. Prior to the arrival of the Jesuit priests, Mohawks followed the traditional teachings of the people of the Longhouse. Today many Mohawks continue to follow these teachings. When the Jesuit priests arrived, they brought with them the beliefs of Catholic Church. The stone St. Regis Catholic Church was built around 1790's and many Akwesasne people assisted in the building and developed masonry skills. A strong Christian community within the St Regis area was developed over time and is still active today.

Christmas is a time that Mohawks, shared resources with families in need of clothing, food, and fuel in the spirit of thanksgiving. This is a demonstration of the Mohawk values of traditional learning and Christianity. Today, the community will continue to rally for any family in need and not just at Christmas. This 2020 holiday season will provide the opportunity to give, care and show compassion which is needed more than ever. A true value of the Mohawk people.



*Tekwanonhwara:tons tsi Roton:ni tanon Tsi ohsera:se—Merry Christmas and Happy New Year from the Entewatathá:wi (Nation Building) staff.*

# COUNCIL AND MOHAWK GOVERNMENT

## COUNCIL WEEKLY MEETING REPORT

SUBMITTED BY GRAND CHIEF ABRAM BENEDICT



### NOVEMBER 2, 2020

- Legal counsel for the Mohawk Council of Akwesasne provided a briefing and overview of repeal options for the regulations of an Indian Reserve Housing Loan resolution from 1972. Council will discuss next steps at a future meeting.
- Council reviewed a request from Statistics Canada for Akwesasne to participate in the 2021 census; Council determined that Akwe-

sasne will not participate in the census. A letter will be send to Statistics Canada informing them of the decision.

- The development of a fire law as a legislative priority was discussed and will be further discussed at an upcoming priority session.
- Council discussed the recent increase in COVID-19 cases. It was agreed that in-home wake services will be paused for the next 30 days; the MCA will be closed to non-essential services for the next two weeks; the Communications Unit will publish a list of essential and non-essential MCA services; and the MCA will work with the Eastern Ontario Health Unit (EOHU) to publish Akwesasne-specific COVID-19 cases,

separate from the numbers in Cornwall.

- A briefing and request for financial support for the development of care packages for Elders was discussed and will be further researched for Council's consideration.
- **MCRs passed:** Approval of purchase of Kubota Tractor for lawn mowing; Approval of contribution agreement for Indigenous Anti-Human Trafficking Liaison Program; Approval of Issuance of Cannabis Retail License; Approval of tuition contribution agree with AMBE and Akwesasne Freedom School; Approval of Educational Service Payment to Catholic District School Board.

### NOVEMBER 9, 2020

- Council discussed the upcoming Snye Recreation Christmas Enchantment and agreed to support a tree and also agreed to support other district recreation fundraisers.
- A briefing was provided on the upcoming plans for the 2020 holiday dinners. Council agreed that due to the increase in COVID cases, the dinners will be cancelled and the distribution of

turkeys/hams will be considered instead. Additional information on logistics will be gathered and reported back.

- Council discussed the MCA regulations for the Indian Reserve Housing Loan and a legal opinion provided. It was determined that a resolution will come forward to rescind the regulations.
- A briefing was provided on a concern from the MCA Health Department on the need to ex-

amine enforcement options to address non-compliance with the requirement to quarantine while awaiting test results or upon receipt of positive COVID-19 test results. Further research on options will be done and reported back.

- An update was provided on the development of COVID care packages for the community.
- **MCRs passed:** Approval of Assignment of Lease Renshaw Is-

*continued on page 9*



# COUNCIL AND MOHAWK GOVERNMENT

## COUNCIL WEEKLY MEETING REPORT

SUBMITTED BY GRAND CHIEF ABRAM BENEDICT

land; Approval of Lease Ross Island; Approval of (4) housing upgrade loans to community members; Approval of contract with CREO Inc. for digitiza-

tion and animation services for AMBE; Approval to bridge finance the fiber to home project for Tsi Snaihne District; Approval of 2019/2020 Ontario First Na-

tions Limited Partnership audit; Approval of contract for detail design contract with HSP Engineering for HAVFD Station #3.

### NOVEMBER 16, 2020

- Council discussed the potential of re-establishing the MCA/CBSA liaison officer position; options will be further researched.
- The COVID-19 second wave committee provided an update on the progress of the wellness packages being prepared. The packages are expected to be delivered to community members in the coming weeks.
- Council received and reviewed a report from Justice on the verification of signatures on a petition received. An update will be provided to the community.
- A briefing was provided on a proposal to sell land to the MCA;

Council agreed that further exploration will occur.

- Council discussed the current lease reduction for Akwesasne members and will review this ahead of its expiry in 2021.
- A briefing was provided on a request for assistance on a Habitat for Humanity opportunity for an Akwesasne family. Further follow up will be done.
- Council set the agenda for the upcoming General Meeting scheduled for November 26, 2020.
- A briefing was provided on a request to support the development of Elder Care Packages; Council agreed to support the request.

- Council discussed the ongoing plan to ensure that the MCA workforce is properly adjusting to the impacts of COVID-19.
- A briefing was provided on the challenges of accessing low lying or hard to access private lands within the community; further research will be done on options.
- **MCRs passed:** Acceptance of Seaway Claim Referendum Regulation; Approval of appointment of a community member to the Akwesasne Review Commission for a 3-year term; Approval of 4 amendments to the Akwesasne/Canada funding agreement; Approval of MCA Consolidated Audit for 2019/2020.

## STAY UPDATED ON ALL THINGS AKWESASNE



# COUNCIL AND MOHAWK GOVERNMENT

## TSI SNAIHNE DISTRICT CHIEF CONNIE LAZORE UPDATES



**Portfolio:** Justice, Public Safety, Executive Services

**Month:** October 2020

**Committee:** Finance, Governance, Cannabis Working Task Group

### All Meetings Listed are thru the "Zoom" technology

The month of October, Council continues to operate thru technology utilizing "Zoom" software for our meetings. Our meetings consisted of Council meeting, Council COVID-19 Update, Border Update, and a meeting with the St. Regis Mohawk Tribe Leadership (all held on a weekly basis).

The focus for Council was the COVID 19, as June I began working within my portfolios and existing projects.

**Weekly Monday Council Meeting:** We are now resuming our weekly meetings to conduct MCA business. Program Offices were opened at the end of July to the community.

Appointments are required to meet with staff.

**Weekly Tuesday Border Update:** Meeting with CBSA/US Customs & Leadership are held to maintain an update on potential changes. Border remains closed to non-essential travel.

**Weekly Wednesday Council COVID 19 Update Meeting** is held to provide updates on areas surrounding Akwesasne and discuss issues of concern.

Thursday is my scheduled day to be in the office. I attend and work from our office on this day the rest of the week I work from home. Our office is located at Admin I.

**Bi-Weekly Friday Leadership Meeting** with SRMT.

**General Meeting** was held this month on October 29th, virtually thru Zoom. The process went well, information sharing included Council Updates.

### Work in Progress:

1. Recreational Cannabis Working Task Group Meetings continue, we met on October 9th, 16th and 30th. The WTG continues the work to reviewing applications.

2. A Finance Committee meeting was held on October 1st. We continue our work on implementing the FAL.

3. The Dundee Claim Settlement established a committee to begin the work to meet the financial component of the settlement the committee conducted interviews for a custodial bank.

4. Justice Portfolio Meeting was held October 8th. This meeting is held with the Director where political issues are raised. The Director of Justice and Portfolios began meetings this month to review the legislative development component of the Justice Department.

5. Compliance Program Funding: this month Grand Chief, Chief Julie and I had another conference call with Minister Blair of the Public Safety Canada to discuss funding for the compliance program.

6. Governance Committee WTG meet this month to continue the review of process and procedures for the Mohawk Government. Meetings were held this month on October 7th, 8th and October 29th. Our work to reviewing documents is ongoing and productive.

7. MCA/CBSA Community Rela-

*continued on page 11*

# COUNCIL AND MOHAWK GOVERNMENT

## TSI SNAIHNE DISTRICT CHIEF CONNIE LAZORE UPDATES

*continued from page 10*

tions Working Table meetings were held on the 28th of October. This table was developed from the MCA/CBSA Border Crossing Collaboration Initiative.

8. Neighborhood Watch Program: I had a couple of discussions with Akwesasne Mohawk Police to discuss this work. We had been working to present at the General Meeting in March 2020, it was halted due to covid19, we will attempt the November 2020 General Meeting, we are waiting on the drafting of the agenda.

9. Council met to begin the review of the Boards, Committees and Commissions on September 10th. We had good discussion about the potential work plan. I worked with the Mohawk Government Manager to establish a resolution and terms

of reference for this review.

10. Membership Review WTG: this committee is reviewing the documents associated with the Membership Code.

11. HAVFD Station #3 Building Design. The Station #3 in Tsi Snaihne is in need of a new facility. The members of the Station have engaged a firm to begin the design phase, they have spent time designing for their needs. I was asked to assist with funding and am now working with the Station Members, Consultants, Grand Chief, Executive Director and DTS on this file. Meetings continued on October 5th and 19th. Grand Chief, Exe. Director and myself also met with Indigenous Services Canada on their requirements.

12. Recreation Committee

Meetings have been happening throughout the month to establish Halloween Activities that do not risk the health of the community. It went well, all recreations committees had great ideas that allowed Halloween events to happen.

13. I presented an Elders Support Advocate position to Council to see if there was interest and support for this item. Chiefs Julie and Carolyn reviewed and supported the job description I created. I forwarded it to the Executive Director. Work may continue as it's in a very preliminary stage.

14. The Second Wave Committee of Chiefs have met several times we are working to prepare care packages for the community as we head into the second wave of the coronavirus pandemic.

## EMERGENCY OPERATION CENTER

☎ 613-575-5005

☎ 613-575-2331

☎ 613-551-1836

✉ EOC@AKWESASNE.CA



# COUNCIL AND MOHAWK GOVERNMENT

## TSI SNAIHNE DISTRICT CHIEF TOBI MITCHELL UPDATES



### March 2020

- I attended the National Aboriginal Trust Officers Association (NATOA)'s 2nd Annual Indigenous Women's Symposium where I was a participant on two panels (Overcoming Obstacles for Women in Business: Pay Inequality and Sexual Harassment, and Keeping Your Culture in Mind While Working Outside of Community Contexts). Along with speaking at the symposium, I also worked with NATOA to secure free registration for Akwesasne women who were interested in attending, as well as providing some names of other local women to speak.
- We activated a State of Emergency on March 16, 2020, which resulted in our Emergency Operations Center being activated and the rest of March was spent manning the EOC.

### April 2020

- Manned the EOC.
- Assisted Economic Development

with food distribution.

- Assisted Health with communications.
- Attended Indigenous Services Canada and Ontario Ministry of Health, COVID teleconferences.

### May 2020

- Manned the EOC.
- Council meetings began on Zoom.
- Assisted Economic Development with garden boxes.
- Assisted Health with communications.
- Attended two Ontario Chiefs Committee on Health teleconferences.

### June 2020

- EOC shifts until roughly the end of June or early July.
- Worked with MCA Green Team and community partners to begin organizing and hosting some events like the socially distanced Yard/Roadside Clean-up.
- Worked with Economic Development on some food sovereignty ideas.
- Ontario began to establish their Indigenous Women's Advisory Council, and held an introductory meeting, I was asked to attend due to my role as IFN Health Representative. During the meeting I spoke to the ineffectiveness of their process, and how insult-

ing I found it. Subsequently, the IFN Health Director and myself had a call with Assistant Deputy Minister Micheal Reid, which resulted in a bilateral meeting with IFN technicians, so our concerns could be heard directly from the IFN communities.

- Assisted a community member with an issue.

### July 2020

- Environment portfolio meetings resumed, under the new Department of Infrastructure and Housing; began regular calls with the SRMT Leadership; weekly Council Covid calls; bi-weekly Health Portfolio meetings; and our first Zoom General meeting.
- Assisted communications with videos.
- COO appointed me as the Ontario delegate to the First Nations Information and Governance Centre Board of Directors.
- Attended Akwesasne/Massena St. Lawrence River AOC meetings with Environment staff and SRMT.
- Assisted community members with inquiries and complaints.

### August 2020

- Entewatatha:wi Portfolio meetings resumed. While portfolio meetings were on hold, the staff worked with Canada via our Le-

*continued on page 13*

# COUNCIL AND MOHAWK GOVERNMENT

## TSI SNAIHNE DISTRICT CHIEF TOBI MITCHELL UPDATES

*continued from page 12*

gal Technical Review process, to go through the agreement to correct any technical errors (i.e. spelling, grammar, etc). Began to prepare for Zoom negotiations with Canada at the end of September.

- Continued portfolio meetings, and made myself available to the Health Department wherever needed.
- Continued meetings with SRMT.

### September 2020

- Akwesasne Harbourfront Development Corporation began meeting, reviewing documents and preparing for a Co-owners meeting with the Cornwall Harbourfront Development Corporation.
- Health presented the Rostering concept for RAMQ, which is already being done in Ontario. More information on this process, and how it will assist us in showing the need for additional physicians will be coming.
- Attended Entewatathawi prep meetings and negotiations with Canada.
- Economic Development portfolio meeting was held, we were updated on our application to the small business funding from Canada.

- Environment Program Manager Peggy Pyke-Thompson retired at the beginning of September – I would like to thank her for her years of hard work and dedication to protecting the environment in Akwesasne. Abraham Francis, is the acting Program Manager for Environment. I attended the Wallkill Consultation meeting, which is for a project occurring in Central New York, we educated them a little about our set up and mentioned the SRMT Environment department as well.

- I attended the FNIGC AGM, and our General Meeting.

### October 2020

- At one of the Entewatatha:wi negotiation sessions, Finance Canada sent their policy person, who deals with Indigenous communities, to discuss our stance on maintaining our tax exempt status. We delivered a strong message to her to take back to her supervisors and we await a response from them.
- The Harbourfront Co-Owners meeting was held in Cornwall. We are in the very beginning of talks, with additional meetings to follow.
- Attended the Akwesasne/Massena St Lawrence RAC meeting via Zoom along with Environ-

ment staff. As well, the Program Manager and I attended a session with Chiefs of Ontario and Ontario and Canada representatives, to discuss the Canada Ontario Agreement for Lake Ontario. They updated the First Nations Annex, and we expressed our concerns and issues with it and look forward to the next draft that is put forward.

- The handicap accessible water taxi for Thompson Island was delivered and is currently being put together, after which it will be put in the water and towed to Roger's marina to have the motors installed and be inspected by Transport Canada. It will be ready for next season. The funds for this came from Jordan's Principle – Nia:wenko:wa to Jessica Shenandoah for doing the application process, and Norman Peters, Fred White, and Mike Buckshot for putting the water taxi together. Economic Development received 92 applications for the Small Business Relief Fund and is still processing applications, they hope to have cheques ready within a week.
- I attended the Council meetings, weekly COVID-19 meetings, SRMT meetings and the General meeting.

# SOCIAL MEDIA CONNECTION

## FACEBOOK STATS



### Facebook Posts with the Most Likes in November

1. MCA Announces 5 New Cases of COVID-19 in Northern Portion (November 2)
2. Due to Increasing COVID-19 Cases, In-Home Wakes Paused in Akwesasne
3. AMPS Seize Loaded Firearms and Suspect Purple Fentanyl
4. MCA Reports Two New Positive Cases of COVID-19 (November 6)
5. Tsiionkwanonhso:te Holiday Party Fundraiser

### Facebook Posts with the Highest Reach in November

1. MCA Announces 5 New Cases of COVID-19 in Northern Portion—8,782 reach
2. MCA Non-Essential Services Closed -- 8,603 reach
3. MCA Reports Two New Positive Cases of COVID-19 —6,381 reach
4. Due to Increasing COVID-19 Cases, In-Home Wakes Paused in Akwesasne—5,890 reach
5. MCA Seeks Healthcare Staff—5,228 reach

## TWITTER STATS

### Top Tweet in November



## YOUTUBE STATS



### Highest Viewed Videos on the MCA Youtube Channel for November

1. Happy Halloween from Iakhihsohtha!
2. MCA News — November 19, 2020
3. CKON Community Update with Grand Chief — November 12, 2020



# EXECUTIVE SERVICES

## COMPLIMENTS & APPRECIATIONS

The MCA Department of Health's Administration team would like to extend a heartfelt niawenhkó:wa to all of the amazing frontline workers throughout Akwesasne and the surrounding areas!

Your courage, hard work, and compassion have not gone unnoticed and we appreciate your continued

service to the community.

Our everyday heroes have gone above and beyond when planning activities for our elders, providing COVID-19 testing to Akwesasronon, hosting virtual activities, keeping our facilities clean, ensuring our community members are cared for, and so much more!



Nia:wen to the MCA Communications Team . They put up with all of the organizations communication demands and do their best to get important messaging out to our Community. Thank you.

# Niawenhkó:wa for doing your part to keep Akwesasne safe.

For the latest COVID-19 news visit  
[www.akwesasne.ca](http://www.akwesasne.ca)

# CHILDREN'S PAGE

## SPOT THE DIFFERENCES!

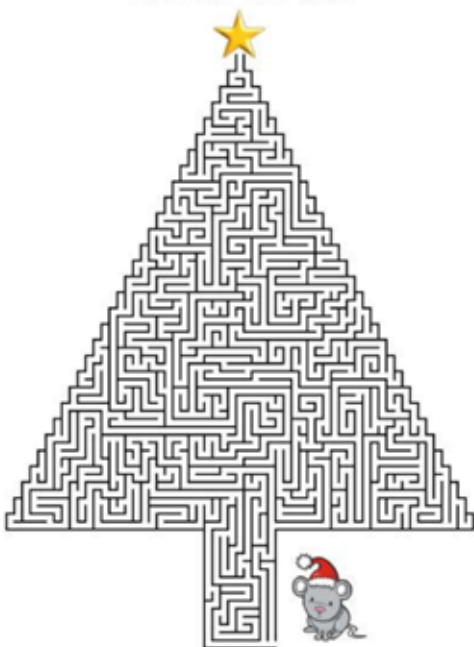
Can you spot the 5 differences between these winter wonderlands?



1. Extra piece of coal on mouth 2. Hat ribbon is red. 3. Extra finger on his hand. 4. Extra snowflake towards the middle of image. 5. To the left of the snowman, between the two groups of trees, there is an extra peak in the white outline of trees.

## SIMPLY A-MAZE-ING

Can you help the mouse climb the tree to reach the star?



## YOU GOT TO BE KIDDING ME!

What does the gingerbread man put on his bed? Cookie sheets!

What do snowmen take when the sun gets too hot? A chill pill!

What kind of ball doesn't bounce? A snow ball.

What falls at the North Pole and never gets hurt? Snow!



# DEPARTMENT OF HEALTH

## HOUSEHOLD CHECKLIST

# PREPARING FOR SECOND WAVE

PLAN & MAKE DECISIONS TO PROTECT YOU & YOUR FAMILY

### STAY INFORMED AND IN TOUCH

- Get up-to-date information about local COVID-19 activity from public health officials, such as the MCA or the SRMT.
- Create an ongoing list of locations and people you have come in contact with, in the possibility you are diagnosed with COVID-19.



### MENTALLY & PRACTICALLY PREPARE



- Figure out ways to get in your exercise.
- Consider contacting counselors for mental health through video or telephone (such as through MCA Wholistic Health & Wellness).
- Consider stocking up on necessary medications and sick day essentials. This could include: pain and fever reducers; cough medicines; tissues; tea, popsicles, broth and sports drinks.
- Ensure that you have a 14-day supply of essential food, in the case you have to quarantine. Some suggestions for what to stock up on include: dried or canned goods; frozen foods; dried or freeze-dried foods; pasta and rice; peanut butter and jelly; bread and cereal; shelf-stable milk.

### TAKE EVERYDAY PREVENTATIVE ACTIONS

- Wash hands frequently and for at least 20 seconds.
- Avoid touching your eyes, nose & mouth with unwashed hands.
- Stay at least 6 feet away from other people.
- Stay home if you are sick.
- Clean and disinfect regularly.
- Wear a mask properly when you go out in public, which at all times, covers your mouth, nose and chin.



### PREPARE YOUR HOME

- Stock up items related to your health, such as: soap, hand sanitizer and cleaning supplies.
- If you have kids in your home, make sure that you have a 2-week supply of diapers, wipes or formula, as well as children's cold medicine.
- Ensure you have toys, games and puzzles to keep you and your kids busy.
- Although it is understandable to feel anxious, do not panic buy!





# DEPARTMENT OF HEALTH

## DEPARTMENT OF HEALTH RECOMMENDS LIMIT ON SOCIAL GATHERINGS TO HOUSEHOLD ONLY

The Mohawk Council of Akwesasne's Department of Health (DOH) is continuing to see a rise in COVID-19 cases. As a result, the DOH is advising households to practice an increase in safety measures by physically socializing only with those who reside in your household. The Eastern Ontario Health Unit and the province of Ontario officially recommend a 10-person limit for indoor social gatherings; however, the recent rise in cases has prompted Akwesasne health officials to call for more stringent measures locally in order to reduce the spread of COVID-19 in our community.

"We know that it is very difficult for our families not to visit one another, especially with the holidays upon us," said Acting Director of Health Cindy Francis-Mitchell. "However, visits with family and small social gatherings are factors in the spread of COVID-19 and we have to limit every chance the virus has to spread. These strict measures will not last forever, but we have to unite in this strategy to stop the rise in cases and we are asking

for the cooperation of our community."

### DOH RECOMMENDATIONS

The Department of Health has the following recommendations:

- If you're celebrating U.S. Thanksgiving or Christmas holidays, please gather only with those you reside with. Consider a pot luck in which families share food through drop offs while staying in their own homes for the meal. You will still enjoy each other's cooking and treats, without putting each other at risk. You can be creative and truly enjoy a "family" event while being socially distant. If your family has planned an alternative safe celebration during the holidays, we would love to share it with others. Send your ideas and plans to [communications@akwesasne.ca](mailto:communications@akwesasne.ca).
- If you must socialize with others outside your household, it is highly advised to do so outdoors, as well to wear masks and remain 6-feet/2-metres apart.
- If an essential encounter is necessary, ask if the individual

## YOU ARE IN THE TERRITORY OF AKWESASNE

PLEASE PRACTICE THE FOLLOWING PROTOCOLS TO ENSURE SAFETY FOR ALL:



**WEAR A MASK.**



**PHYSICAL DISTANCE  
KEEP 6 FT/2 M.**



**WASH HANDS OFTEN  
FOR 20 SECONDS.**



**COMING FROM OUTSIDE TRAVEL  
RADIUS? SELF ISOLATE FOR 14 DAYS.**

# DEPARTMENT OF HEALTH

## DEPARTMENT OF HEALTH RECOMMENDS LIMIT ON SOCIAL GATHERINGS TO HOUSEHOLD ONLY

has been sick recently or travelled outside the radius of 100 miles/160 km.

- The recommendation for social bubbles in Ontario is officially on pause due to rising numbers of COVID-19 cases. Your social bubble should only be with those you reside with until further notice. This is a temporary measure, but important advisement for the protection of all our family and friends, and ourselves.

- Please do not assume that those close to you are not at risk of having COVID-19. We understand the natural tendency to let our guards down around those we are close to; this has unfortunately led to further spread of COVID-19.

- Keep elders safe by implementing a plan with your family for care and support to be provided without risking their health. Use phone calls, window visits, drive-by checkups and technology to stay connected.

- Loneliness and depression are expected side effects of the current pandemic and limitations we are experiencing. Be sure to take care of yourself, check on those who might need extra support or even conversation, and utilize technology and safe communication methods to maintain connections.

### CONTACT INFO & RESOURCES

Resources are available for emotional support through the Wholistic

Health & Wellness Program which can be reached at 613-575-2250 ext. 3115.

For questions related to the COVID-19 virus and testing, please contact Community Health at 613-575-2250 ext. 3220.

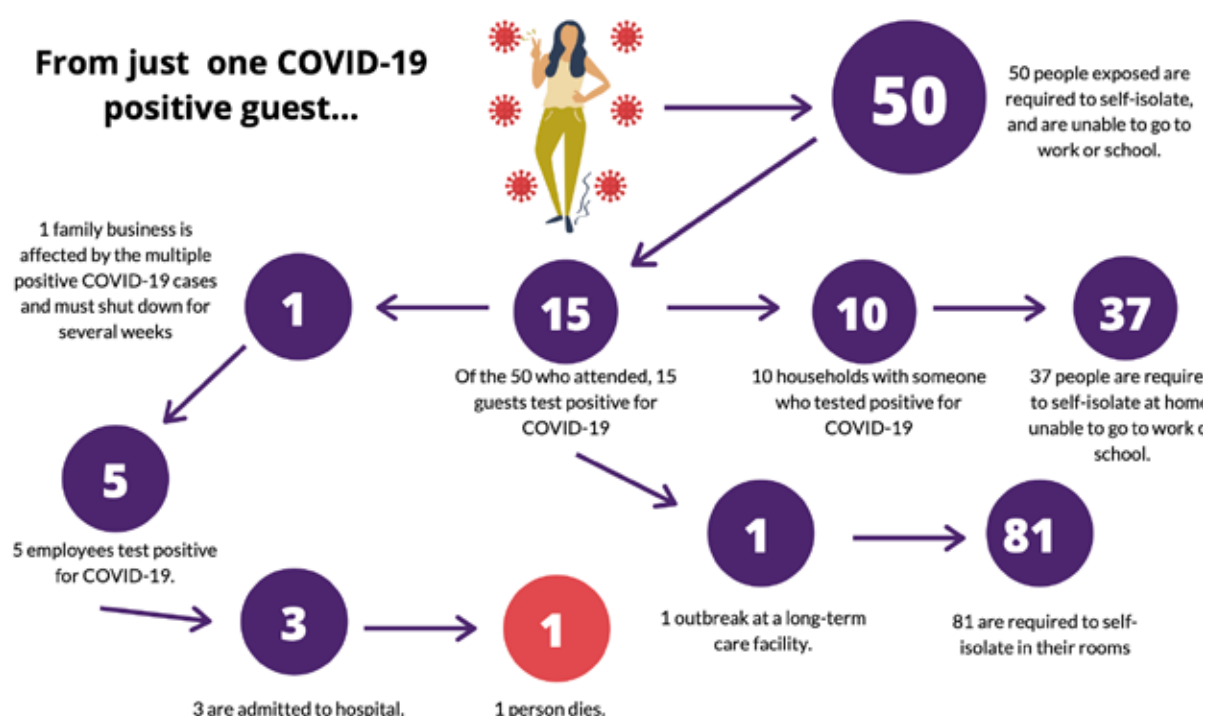
The MCA's Emergency Operations Centre remains activated and can assist with pandemic-related ques-

tions. Contact the EOC at 613-575-5005, 613-575-2331 or email [eoc@akwesasne.ca](mailto:eoc@akwesasne.ca). For emergencies, please contact Central Dispatch at 613-575-2000.

The Dept. of Health is working hard to manage and combat the increasing number of COVID-19 cases in Akwesasne. We thank you for your willingness and cooperation to help keep Akwesasne safe.

### HOW COMMUNITY SPREAD CAN OCCUR FROM AN INDOOR GATHERINGS

An asymptomatic family member attends a friends & family meal for 50 people. The host knew it was over the limit, but they don't want to leave any family or loved ones. The meal is being held inside because it is getting cold out. Although the family tries their hardest, it is difficult to always remain 6 ft. apart. Most of the family is wearing masks, but they all take them off to eat.



IS YOUR FAMILY GATHERING WORTH IT?

\*This is based on actual case data where 50 people attended a wedding in British Columbia.

# DEPARTMENT OF HEALTH

## COVID-19 COMMUNITY SITUATION REPORT

(NOV. 23, 2020)

### MCA

TOTAL TESTS	1,044
TOTAL POSITIVE CASES	31
ACTIVE CASES	4

This information was provided by the MCA Community Health Program.  
Data was updated as of Nov. 23, 2020.

### SRMT

TOTAL TESTS	4,087
TOTAL POSITIVE CASES	69
ACTIVE CASES	15

This information was provided by the SRMT Emergency Operations Center.  
Data was updated as of Nov. 23, 2020.

### SURROUNDING AREAS

	ACTIVE CASES	TOTAL CASES	TOTAL DEATHS	TOTAL TESTS
EOHU REGION	106	802	29	81,014
FRANKLIN CO.	57	230	4	36,439
ST. LAWRENCE CO.	119	688	6	107,593

This information was provided by the Eastern Ontario Health Unit (updated Nov. 23, 2020), Franklin County Public Health (updated Nov. 23, 2020), & St. Lawrence County Public Health (updated Nov. 20, 2020).

### PROVINCIAL, NATIONAL & GLOBAL

	CASE COUNT	TOTAL DEATHS
ONTARIO	105,501	3,505
CANADA	330,503	11,455
WORLDWIDE	58,766,445	1,388,654

This information was provided by the Ontario Ministry of Health & Health Canada.  
Data was updated as of Nov. 23, 2020.



# DEPARTMENT OF HEALTH

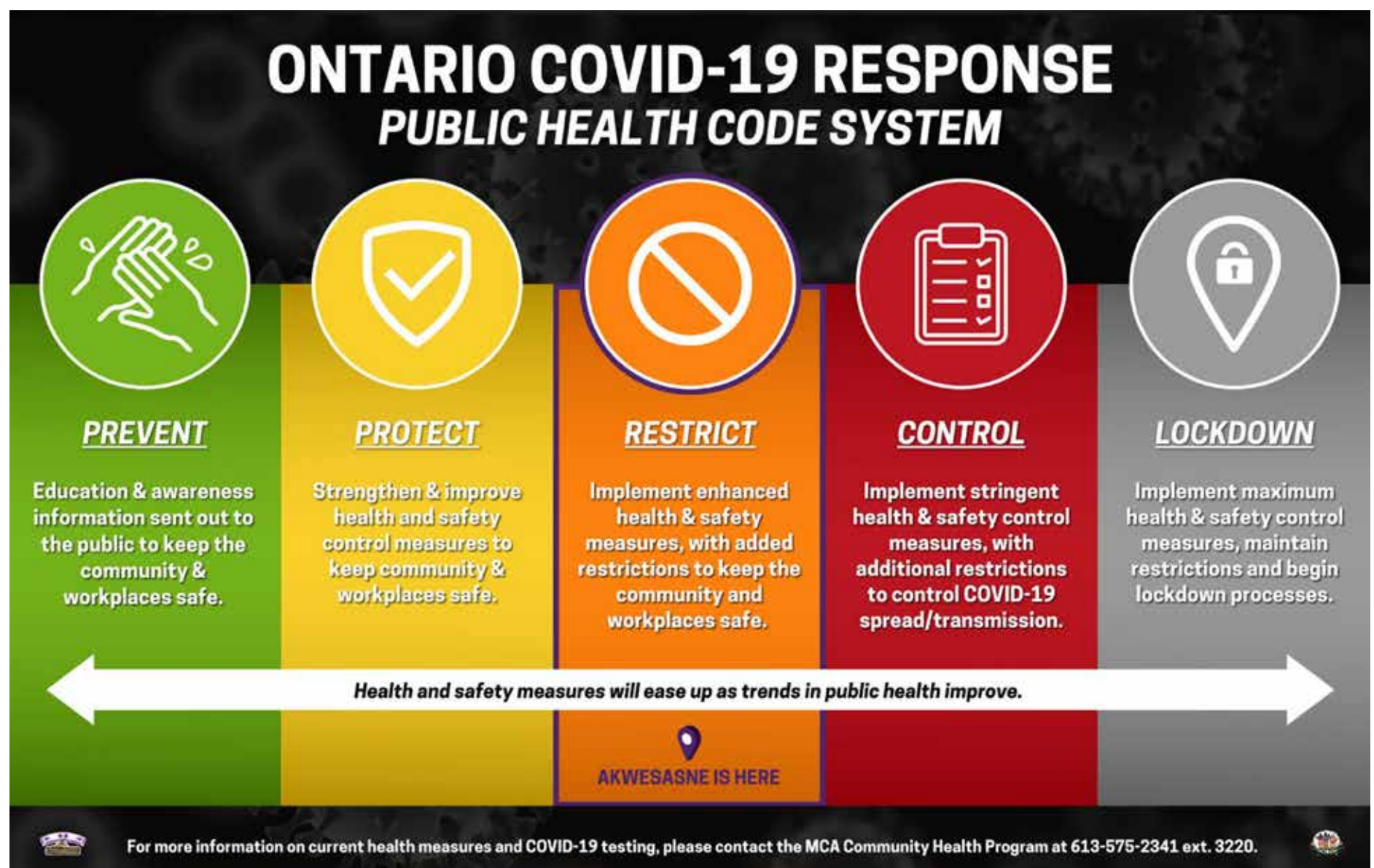
## COVID-19 RESPONSE: EOHU/AKWESASNE AT ORANGE-RESTRICT LEVEL

Ontario's COVID-19 response framework includes five levels of public health measures: Green-Prevent, Yellow-Protect, Orange-Restrict, Red-Control, & Lock-down.

As of November 16, 2020, the Eastern Ontario Health Unit is at the ORANGE-RESTRICT level. This classification applies to Akwesasne, as the northern portion of our community follows the direction of the EOHU. To view Ontario's COVID-19 Response Framework, please visit their website at <http://www.ontario.ca/>

To learn more about the ORANGE-RESTRICT level's public health measures and indicators, you can visit the EOHU website at [eohu.ca/en/covid/covid-19-response-framework](http://eohu.ca/en/covid/covid-19-response-framework).

For more information on Akwesasne's current health measures and/or COVID-19 testing, please contact the MCA Community Health Program at 613-575-2341 ext. 3220.



# DEPARTMENT OF HEALTH

## COVID-19 RESPONSE: EOHU/AKWESASNE AT ORANGE-RESTRICT LEVEL

The Mohawk Council of Akwesasne is currently seeking staff to fill several positions and areas in need throughout the Department of Health. The pandemic has left many programs short on staff or unable to fill positions.

We are encouraging anyone interested in emergency employment to submit a resume identifying skills and areas of interest to our Human Resources office. Several positions will be filled immediately on an emer-

gency hire, term basis.

Staff are currently sought for the following areas/positions: Nurses, RPNs, and Personal Support Workers.

Any questions or resume submissions can be directed to:

- [jobs@akwesasne.ca](mailto:jobs@akwesasne.ca)
- 613-575-2250 ext. 2145, 2146, or 2147



# WE'RE HIRING!

# EMPLOYMENT OPPORTUNITIES AT MCA

[AKWESASNE.CA/EMPLOYMENT](http://AKWESASNE.CA/EMPLOYMENT)





# DEPARTMENT OF HEALTH

## NEW MENTAL HEALTH THERAPIST JOINS WHOLISTIC HEALTH & WELLNESS

The MCA Wholistic Health & Wellness program would like to introduce their new Mental Health Therapist to the community.

Valerie Rowe attended college in Connecticut, USA where she obtained a Bachelor of Science in Special Education and Master of Science in Counselling. Since returning to Canada in 1993, she has worked in various fields supporting others in a therapeutic way in Ottawa, Ontario. Valerie has worked closely with Algonquin and Ojibwe peoples. She used various therapeutic approaches of (Satir) Family Therapy, Client Centered Approaches, Gestalt Therapy, DBT to mention a few. She also has worked with is clients in a variety of areas, including: Sexual Abuse (sexual, domestic, emotional etc.), Suicidal Issues, Eating Disorders, Dissociative Identity Disorders, Addiction, Mental Health, Generational and present Trauma.

Valerie expressed that she brings her "values and wisdom and I look forward to learning your traditions and culture as we work together. Thank you for accepting me on board."

Cindy Francis-Mitchell, the Acting Director of Health noted that "the Department of Health welcomes Valerie to Akwesasne. We look forward to working with her and getting her introduced to our team and community."

Valerie will be practicing and supporting mental health virtually and by telephone referrals due to the COVID-19 pandemic. For more information, please contact the Tekanikonrahwa:kon Wholistic Health & Wellness Program at 613-575-2341 ext. 3115.





# DEPARTMENT OF HEALTH

## TSIIIONKWANONHSO:TE — HOLIDAY PARTY FUNDRAISER

Tsiionkwanonhso:te Long Term Care Facility will be hosting some fundraisers to benefit their residents this holiday season!

Tickets for these raffles will be \$1 each. Tickets will be sold up until time of draw (December 11 at 6 PM).

Nia:wen for your support as we try to ensure our elders have a happy holiday! For ticket purchase, please contact: Alana Green, Kehley Roundpoint, Danielle George, Colette Bowen MacDonald & Debbie Jocko (via Facebook) or any staff of Tsiionkwanonhso:te.

TSIIIONKWANONHSO:TE

# CHRISTMAS/NEW YEAR'S FUNDRAISER

**RAFFLE 1: CHRISTMAS TREE**  
1 boy-themed tree & 1 girl-themed tree  
(to be raffled separately)

*Both prizes will consist of Christmas tree, decorations and presents!*

**RAFFLE 2: MOUNTAIN OF CHEER**  
Alcohol gift basket

**TICKETS ARE \$1 EACH**

**DATE OF DRAW:**  
**DECEMBER 11, 2020 | 6 PM**  
*PICK-UP AT TSIIIONKWANONHSO:TE*

PLEASE HELP US MAKE OUR RESIDENTS' HOLIDAY A HAPPY ONE!

*For ticket purchase, please contact:*  
Alana Green, Kehley Roundpoint, Danielle George, Colette Bowen MacDonald  
& Debbie Jocko (via Facebook) or any staff of Tsiionkwanonhso:te.

# DEPARTMENT OF HEALTH

## I HAVE BEEN EXPOSED TO SOMEONE WITH COVID-19. WHAT DO I DO?

If you were notified of an exposure by a public health authority, call the MCA Community Health Program at 613-575-2341 ext. 3220 for screening and advisement of your isolation period.

It is recommended to self-isolate for 14 days or until cleared or resolved by your health care provider.



### STAY AT HOME

DO NOT go out for groceries or other items. Have a designated person to do your essential shopping. Stay in a designated room away from your immediate family and use a separate toilet/bathroom if possible. Continue to wash your hands frequently and sanitize your home.

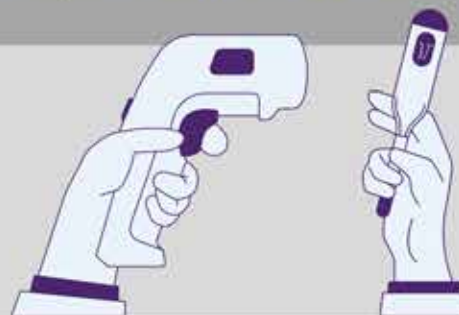


### GET TESTED

Call ahead to make an appointment (do NOT just show up) through the MCA Department of Health. The COVID-19 testing site has recently been relocated to Third Street in Kana:takon. Please note that this should be the ONLY time you leave your home during self-quarantine. If you need immediate medical care, call Central Dispatch at 613-575-2000.

### MONITOR YOUR SYMPTOMS

Make sure that you take your temperature regularly (high fever is anything over 100°F), and monitor COVID-19 symptoms, which include fever, cough, difficulty breathing, and fatigue. If symptoms worsen, call your medical health provider.



### KEEP A LOG

Make a list of those that you have been around recently in the case you are positive. It is helpful to keep a daily log and keep of list of people and locations you were around if needed by any public health authority.



# DEPARTMENT OF HEALTH

## SELF-ISOLATE AFTER YOU HAVE BEEN TESTED FOR COVID-19

If you were notified of an exposure, please call the MCA Community Health Program at 613-575-2341 ext. 3220 for screening and advisement of isolation period.

It is recommended to self-isolate for 14 days or until you are cleared/resolved by your health care provider.



**IF YOU WERE EXPOSED TO SOMEONE WITH COVID-19, PLEASE BE SURE TO GET TESTED AS SOON AS POSSIBLE.**



**STAY AT HOME. DO NOT GO OUT FOR ESSENTIAL ITEMS BECAUSE IF YOU ARE POSITIVE, YOU COULD SPREAD THE VIRUS.**



**STAY IN DESIGNATED ROOM AWAY FROM YOUR IMMEDIATE FAMILY & USE A SEPARATE BATHROOM IF POSSIBLE.**



**AFTER YOU RECEIVE YOUR RESULTS, PLEASE FOLLOW ADVISEMENT OF PUBLIC HEALTH AUTHORITY.**





# DEPARTMENT OF HEALTH

## RESOURCES

### WHOLISTIC HEALTH & WELLNESS PROGRAM

- **Addictions Services**
  - 613-575-2341 ext. 3109
- **Mental Health Services & Counselling**
  - 613-575-2341 ext. 3115
- **Traditional Support Services**
  - 613-575-2341 ext. 3100

### AKWESASNE

- **Akwesasne Family Wellness Program**
  - 613-937-4322
  - [afwpoutreach@akwesasne.ca](mailto:afwpoutreach@akwesasne.ca)
- **Akwesasne Child & Family Services**
  - 613-575-2341 ext. 3139
- **Grandparents Support Group**
  - 613-575-2341 ext. 3100
- **Akwesasne Mohawk Police Service & Akwesasne Mohawk Ambulance**
  - Emergency: 613-575-2000
- **SRMT Health Services Drug & Alcohol Program**
  - 518-358-3141
- **Akwesasne Crime Stoppers**
  - 613-575-2255

### SURROUNDING AREAS

- **Citizen Advocate Crisis & Recovery (Detox) Center**
  - 518-481-8160
- **Cornwall Community Hospital Withdrawal Management Services**
  - 613-938-8506
- **Onen'to:kon Treatment Services**
  - 450-479-8353



**SPEAK UP.  
REACH OUT.  
SAVE LIVES.**

**WE'RE HERE FOR YOU.**

**RECOVERY IS POSSIBLE & YOU  
DON'T HAVE TO DO IT ALONE. LET  
US HELP YOU ON YOUR JOURNEY.**

CONTACT THE MOHAWK COUNCIL OF  
AKWESASNE'S WHOLISTIC HEALTH &  
WELLNESS PROGRAM.

*YOUR INFORMATION WILL BE KEPT CONFIDENTIAL.*



**613-575-2341**



**[wholistichealth@akwesasne.ca](mailto:wholistichealth@akwesasne.ca)**



# DEPARTMENT OF HEALTH

**IF YOU WITNESS AN OVERDOSE,  
CALL 911 OR 613-575-2000 (AMPS).  
IT COULD SAVE A LIFE.**

**DON'T HESITATE TO CALL. EVEN IF YOU HAVE TAKEN DRUGS OR HAVE THEM ON YOU, THE GOOD SAMARITAN DRUG OVERDOSE ACT CAN PROTECT YOU.**

**THE BEST OPTION TO KEEP YOURSELF SAFE IS  
TO AVOID THE USE OF STREET DRUGS.**

**BUT, IF YOU USE:**

- **NEVER USE ALONE**
- **DO NOT MIX DRUGS WITH OTHER DRUGS OR ALCOHOL**
- **USE LESS AT FIRST (ESPECIALLY IF YOU'RE USING A NEW SUBSTANCE)**
- **GET A FREE NALOXONE KIT (CALL PROXIM PHARMACY AT 613-575-1160)**



## **SUBSTANCE ABUSE OR ADDICTION HELP**



**Akwesasne Wholistic Health & Wellness Program | 613-575-2341**

**Akwesasne Family Wellness Program | 613-937-4322**

**Akwesasne Child & Family Services 613-575-2341 ext. 3139**

**Akwesasne Mohawk Police Services & Akwesasne Mohawk Ambulance | 613-575-2000**

**Grandparents Support Group | 613-575-2341 ext. 3100**






**Akwesasne Crime Stoppers | 613-575-2255**

**SRMT Health Services Drug & Alcohol Program | 518-358-3141**



# DEPARTMENT OF HEALTH

## 5 STEPS TO RESPOND TO AN OPIOID OVERDOSE

STEP <b>1</b>		<b>SHOUT &amp; SHAKE</b> their name their shoulders
STEP <b>2</b>		<b>CALL EMERGENCY DISPATCH</b> 613-575-2000
STEP <b>3</b>		<b>GIVE NALOXONE:</b> 1 spray into nostril or inject vial/ampule into arm or leg.
STEP <b>4</b>		<b>PERFORM RESCUE BREATHING AND/OR CHEST COMPRESSIONS</b>
STEP <b>5</b>		<b>IS IT WORKING?</b> If <b>no</b> improvement after 2-3 minutes, repeat step 3 & 4. <b>Stay with them.</b>

### RECOVERY POSITION

Head should be tilted back slightly to open airway

Hand supports head



Knee stops body from rolling onto stomach

If the person begins breathing on their own, or if you have to leave them alone, put them in the recovery position.

### SIGNS OF OPIOID OVERDOSE

- Person can't be woken up
- Breathing is slow or has stopped
- Snoring or gurgling sounds
- Fingernails and lips turn blue or purple
- Pupils are tiny or eyes are rolled back
- Body is limp





# AHKWESAHSNE MOHAWK BOARD OF EDUCATION

## AMBE SCHOOLS TO EXTEND REMOTE LEARNING UNTIL JANUARY 2021

Student safety is our top priority at AMBE. AMBE schools will remain remote until AMBE leadership is confident that the number of COVID-19 cases are declining in the community. AMBE anticipated the transition to remote learning will be extended until Friday, January 15, 2021.

Although anticipatory at this time, AMBE hopes to reopen school buildings and offer the hybrid model of learning as of Monday, January 18, 2021.

Our three AMBE district schools will continue to work with AMBE Transportation to deliver students packets to their homes, as well as pick up any completed student packets. This will be contactless delivery and pick up. Teachers will be contacting families to let them

know what day they will be receiving packets or putting out completed packets to be collected. Parents are encouraged to check their door steps and mailboxes for new packets and to place completed packets in the same areas.

Please monitor our website ([www.ambe.ca](http://www.ambe.ca)) and the Ahkwesahsne Mohawk Board of Education Facebook page for important updates.

We ask that staff and families remain vigilant with social distancing, mask wearing, and frequent hand washing. We encouraged you to limit social contacts to those within your immediate family household.

Please be safe, we are all in this together.



## AMBE to Extend Remote Learning

# ENVIRONMENT

## MCA AND AKWESASRONON HARVEST WILD GINGER

Jessica Shenendoah from Thompson Island has been working together with the Saint Lawrence River Institute of Environmental Sciences on the Great River Report, which is an ecosystem health report of the Upper St. Lawrence River. This report is unique in its approach as it integrates community stories and actions in relationship to our local environment.

While working together, SLRIES identified an area that had medicines to harvest. The location was in Cornwall and being logged for development, which meant that there was a concern of losing the medicines on the site. After Jessica had discussions with Tsi Snaihne District Chief Tobi Mitchell, a plan was formulated and Grand Chief Abram Benedict contacted Cornwall Gravel to see if medicines could be harvested.

After permission was granted, Jessica, along with members of Staff from Thompson Island, Environment Program, Akwesasne Task Force on the Environment, and

Akwesasne Community members worked with Stephany Hildebrand from the SLRIES and Cornwall Gravel to harvest over 300 wild ginger plants, 4 buckets of soil and many bags of leaves. The plants were transplanted at various locations in Akwesasne and were also donated to the Akwesasne Freedom School, STFE, Nelson Jock, Onkwe, Barebones farms and other community members.

Jessica noted how she appreciated “the help from Council, Cornwall Gravel, SLRIES and the MCA Staff and community members that were able to help!” She also noted that Cornwall Gravel said that they are willing to work with Akwesasne on the future if they develop wooded lots again.

Nia:wen to all that helped make it possible to harvest the medicines and a special thank you to Nancy Hildebrand for making it all possible by informing us of the medicines to harvest.



Various photos of individuals that assisted with the harvesting of wild ginger, soil and leaves (photos courtesy of Stephany Hildebrand).



# DEPARTMENT OF INFRASTRUCTURE AND HOUSING

## REMINDER: DEMOLITION WORK FOR MCA ADMINISTRATION BUILDING NO. 2 (KANA:TAKON)

The Department of Infrastructure and Housing would like to advise the community that abatement and demolition operations have begun at the MCA Administration Building No. 2 (Admin II) and will continue with an anticipated completion date scheduled for January 2021. Increased construction presence may be seen throughout this time. All major construction impacts will be communicated through various media sources.

The following are points to be aware of:

- The building demolition is needed to begin future improvements for the community.
- Disruptive or noisy work will only be performed between the hours of 7:00 a.m. -5:00 p.m., Monday through Friday.
- Dust control measures are being employed and will be monitored daily by consultants as part of extra precautionary measures requested by community residents.
- **TRAFFIC IMPACTS:** Parking will be restricted in the immediate area near demolition activity and there will

be signage with specific restrictions in place in all construction areas. Intermittent street closures may be required.

- **ADVISORIES:** Directional signage and/or flagmen will be used to safely direct vehicles and pedestrians around the construction zone.
- Please obey all posted construction signs and do not enter the construction work zone. Construction is a dynamic process and information is subject to change without notice. Work activity is subject to weather conditions.

We apologize for any inconvenience this may cause and thank you for your cooperation.

Should you have questions about this notice please contact Leslie Papineau, Technical Project Manager at 613-575-2341 ext. 1007 or at [leslie.papineau@akwesasne.ca](mailto:leslie.papineau@akwesasne.ca). For general inquiries, please contact Karla Ransom at 613-575-2341 ext. 1003.





# DEPARTMENT OF INFRASTRUCTURE AND HOUSING

## PATH TO RETIREMENT

If you are starting to approach retirement years, you may have many questions to ask yourself.

Are you thinking about retiring?

Do you every wonder if you will still have a mortgage payment when you retire?

Do you think you are paying enough to have your mortgage paid off when you retire?

Do you know what happens to your mortgage in an untimely death?

If these are questions you have and have not answered, we may be able to help.

An example: If you are 50 years old and only paying \$200.00 on your mortgage and still have a balance of \$50,000.00, it will take you approximately 21 years to pay it off. You will be 71 years old when your mortgage is finally paid off.

You should bev enjoying retirement instead of worrying about a mortgage payment?

Contact the Housing sector of Mohawk Council of Akwesasne to see if you are on the right path to retirement. 613-575-2250 extension 1052.



## CONTACT US!

**Administration**  
(613) 575-2250 ext. 1003

**Maintenance Program**  
(613)-575-2250 ext. 1022

**Roads Department**  
Central Dispatch (613) 575-2340  
or (613) 938-5476

**Water / Wastewater Infrastructure**  
Emergency (613) 575-2000

**After Hours Pager (518)404-3352**  
**Office Hours Mon – Fri. 8AM-4PM (613) 933-4924**  
**Solid Waste Management (Garbage and Recycling)**  
(613) 575-2250 ext. 1022

**Housing**  
(613) 575-2250 ext. 2300

**Environment**  
(613) 575-2250 ext. 1038

# AKWESASNE MOHAWK POLICE SERVICE

## NEIGHBOURHOOD WATCH

The NEIGHBOURHOOD WATCH is a program aimed at reducing crime in the community. It involves getting to know one's neighbours and introducing them to the concept of NEIGHBOURHOOD WATCH – that is, good neighbours working together, alert to the potential of crime and willing to look out for one another's interests. Neighbours working together through NEIGHBOURHOOD WATCH can combat crime in their area the most effective way; before it starts.

NEIGHBOURHOOD WATCH provides a means of reducing the opportunity for crime to occur, through the active participation of the community in crime prevention. Community members are taught how to make their homes less inviting as a target for thieves, and how to be alert to suspicious activity in their neighbourhoods.

Very few people are in a position to protect their homes and property all of the time. Vacation, business and shopping trips, or even an evening out will leave homes unattended and vulnerable to theft. The NEIGHBOURHOOD WATCH program will provide a sense of security for individuals or families who leave their homes for any length of time. The program will also help to coordinate the efforts of the police and the community in tracking down criminals. Strong community involvement is encouraged because neighbourhood unity can deter crime. Neighbours joined together do help correct situations that threaten their peace and safety.

### Developing a Neighbourhood Watch Program

The most important thing is- get involved. Crime Prevention is everyone's responsibility and the safest communities are those where the residents are commit-





# AKWESASNE MOHAWK POLICE SERVICE

## NEIGHBOURHOOD WATCH

ted to crime prevention and the NEIGHBOURHOOD WATCH program.

To have an active NEIGHBOURHOOD WATCH in your area, the following steps must be in place:

Contact your local police agency to initiate a meeting to discuss starting a NEIGHBOURHOOD WATCH Program in your area.

Canvass the neighbourhood for interest and participation from the neighbors. Distribute flyers announcing the NEIGHBOURHOOD WATCH Program and upcoming meetings.

Law Enforcement will explain the concept of the NEIGHBOURHOOD WATCH Program to community members. For more information please contact the Akwesasne Mohawk Police Service at 613-575-2340.

## OCTOBER 2020 STATISTICS

October Total: 281					
1	024 Break & Enter—Residence	1	1008 By-Law—Dogs	1	1080 Protest/Public Demonstration
1	040 Theft Under \$5,000—Other	1	1009 By-Law—Noise	1	204 Sexual Assault
1	043 Frauds—False Pretense Cheques	1	1011 By-Law—Other	3	205 Assault—Level 1
5	061 Bail Violations	25	1012 Civil Disputes	1	206 Assault Weapon/CBH Level 2
1	063 Disturb the Peace	3	1013 Community Services	1	207 Aggravated Assault—Level 3
1	068 Obstruct Peace Officer	2	1014 Crime Prevention	1	208 Bodily Harm
2	072 Mischief (Prop. Damage) Under \$5,000	4	1016 Domestic Dispute (Non-violent)	1	211 Assault Peace Officer
2	073 Criminal Code—Other	5	1018 Escorts—Prisoner	1	212 Assaults—Other
1	080 Cocaine—Trafficking	1	1023 Judge’s Order (Court)	1	6666 Assist Other Departments—Fire
1	084 Other Drugs—Trafficking	1	1026 Property—Lost	1	705 Dangerous Operation MV
2	088 Cannabis—Trafficking	7	1027 Property—Found	3	711 Impaired Operation MV
3	099 Excise Act	18	1029 Suspicious Persons	6	715 Fail to Stop/Remain (CCC)
5	100 Immigration Act	17	1030 Suspicious Vehicles	2	718 Careless Driving (HTA)
10	1001 Alarms	2	1031 Suspicious Circumstances	2	719 Drive Disqualified/License Suspended
5	1003 Assist Other Agencies—Ambulance	1	1032 Sudden Death	2	720 Traffic—Federal Statutes
5	1003 Assist Other Agencies—Cornwall PS	6	1035 Warrant—Committal	11	721 Traffic—Provincial Statutes
15	1003 Assist Other Agencies—Other	3	1036 Warrant—Bench/First	1	725 PI MVC (Personal Injury)
10	1003 Assist Other Agencies—Tribal PD	2	1040 Traffic Complaint		
37	1004 Assist Public	1	1041 Mental Health Act		
1	1006 Document Service	2	1047 Firearms Permit/FAC		
			1050 Youth Complaint		
			106 Provincial Statutes—Other		
			1063 Marine Patrol		
			1064 ATV Patrol		





# RESPECTFULLY PRACTICING SOCIAL DISTANCING

*Social distancing is an active control measure to reduce the spread of COVID-19.*

*Social distancing means maintaining at least six feet (6-ft) away from others.*

*Here are a few more proactive measures that you should consider:*

## AVOID

Athletic Events  
Bars/Lounges  
Concerts  
Crowded Stores  
Large Group Gatherings  
Malls  
Overnight Travel  
Parks  
Playdates  
Public Transportation  
Sharing Equipment  
Sleep Overs  
Theatres  
Travel Outside Radius  
Vacation  
Visitors at Home

## USE CAUTION

Church Services  
Drive-Thrus  
Food Deliveries  
Fundraisers  
Funerals  
Gas Stations  
Going to the Bank  
Grocery Stores  
Gym/Fitness Centres  
Holiday Events  
Hotels  
Libraries  
Nail Salons  
Outdoor Gatherings  
Picking Up Medications  
Restaurant Dining  
Ride Shares/Taxis  
Social Bubbles  
Take-out Food  
Traveling  
Visiting a Clinic  
Visiting Elders  
Weddings

## SAFE

Bake  
Bike Rides  
Buy Local/Stay Local  
Check on Elderly  
Walking  
Cook a Meal  
Decorate Your Home  
Family Game Night  
Go for a Drive  
Group Video Chats  
Hiking  
Listen to Music  
Read a Book  
Roller Blading  
Stay Home  
Stream a Movie/Show  
Try a New Recipe  
Walk Your Dog

***We are all in this together!***