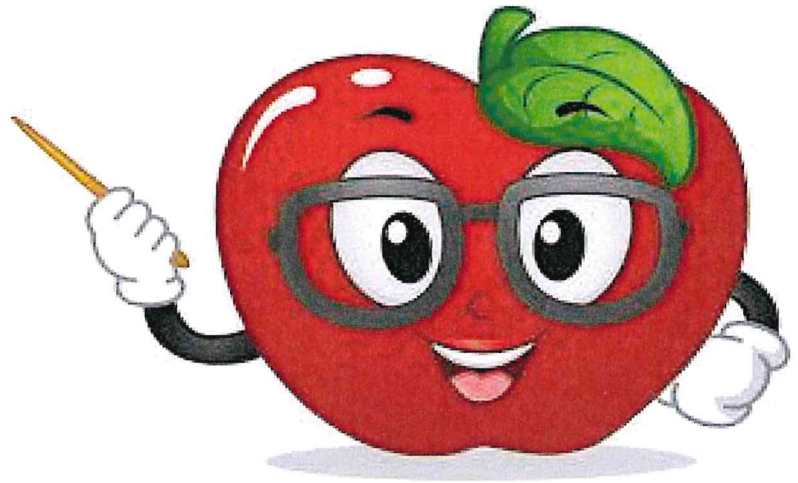


AMBE Lunch Menu

Ahkwesahsne Mohawk School (AMS) – Kana:takon School (KS) – Tsi Snaihne School (TSS)



Reminder: milk is served with meals. Fruits and vegetables are seasonal.

Seskehko:wa/ September 2021

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
6 HOLIDAY	7 Goulash Breadstick Fruit cup	8 Turkey Mini Sub Veggie sticks/dip Pudding Cup	9 Tomato Mac Soup Cheese stick/crackers Dessert	10 Chicken Caesar Salad Cheese/crackers Fruit
13 Chicken Noodle Soup Breadstick Cheese stick/fruit	14 Baked Ziti Green beans Fruit	15 Meatball Sub Steamed veggies Yogurt	16 Cold Plate/deli roll up Crackers Veggie/dip	17 Meatloaf Mashed potatoes Veggies/fruit
20 Spaghetti w/meatsauce Steamed Veggie Dessert	21 Pasta Salad Cheese/crackers Pudding	22 Hot Ham and Cheese Veggie Sticks/dip Fruit	23 Taco Salad Nacho Chips Cheese/dessert	24 Fish Nuggets Buttered Noodles Dessert
27 Shepard's Pie Dinner Roll Fruit cup	28 Chicken Wrap Cheese stick Dessert	29 Sloppy Joe Hot Veggie Applesauce	30 HOLIDAY	

We're sorry, but we do not have substitute meals. Please be sure to check your menu and send a bag lunch with your child on days the school menu is not desired. Also, please do not send peanuts, cashews, pistachios, sunflower products, or products with these ingredients with your child's bag lunch. Some students with anaphylaxis can have severe-critical allergic reactions when exposed to these foods.