

FIRST LINK PROGRAM

Someone you know was diagnosed with Alzheimer's disease and related dementias; What can you do to help? Learning more about the disease and its progression is the first step! This learning series is a chance for you to learn with and from others who are in similar situation.



DATES:

Thurs. Sept. 22, 2022: *WHAT IS DEMENTIA?*

Thurs. Oct. 27, 2022: *ADAPTING TO BRAIN CHANGES*

Tues. Nov. 22, 2022: *WHAT TO EXPECT*

Thurs. Dec. 8, 2022: *EFFECTIVE COMMUNICATION*

REGISTER:

Spaces are limited.

Call to register:

Josée at 613-932-4914 ext. 202 or

Email: josee.desrochersleduc@alzheimer-cornwall.ca

All attendees will be screened, and secure measures are in place for everyone's safety.

TIME & LOCATION:

From 1 p.m. – 3 p.m.

Tri-District Elders Lodge
(Kawehno:ke Recreation Center)

10 Community Center Rd.
Akwasasne, ON