

ONKWE'TA:KE

THE MOHAWK COUNCIL OF AKWESASNE NEWSLETTER

Volume 12 Issue 3

FREE

Enniskó:wa/March 2023

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LOCAL ARTISTS DESIGN CUSTOM GRAPHICS FOR SKATEBOARD PROJECT



Akwesasne artists Ian Clute and Joseph King proudly reveal their stunning designs for the 2023 Skateboard Project. More information to purchase and view additional designs by other participating Indigenous artists on Page 21.

UPCOMING MCA MEETINGS & SPECIAL DATES:

MARCH GENERAL MEETING

The Mohawk Council of Akwesasne's next General Meeting will take place on March 30, 2023 at the Tsi Snaihne Recreation Center at 6 p.m.

The MCA General Meeting will be a hybrid event (in-person and virtual).

To receive the Zoom link or submit your questions for Council, please email meetings@akwesasne.ca.

MOHAWK COUNCIL OF AKWESASNE 2021-2024

- Grand Chief Abram Benedict
- Kana:takon District
 - Chief Cindy Francis-Mitchell
 - Chief Larry King
 - Chief Julie Phillips-Jacobs
 - Chief Tim Thompson
- Kawehno:ke District
 - Chief Vanessa Adams
 - Chief Jackie Benedict
 - Chief Edward Roundpoint
 - Chief Vince Thompson
- Tsi Snaihne District
 - Chief April Adams-Phillips
 - Chief Sarah Lee Sunday-Diabo
 - Chief JoAnn Swamp
 - Chief Dwayne Thomas
- Administration
 - Ann Seymour Executive Director
 - Heather Phillips Director Dept. of Finance & Administration
 - Leslie Papineau A/Director Dept. of Infrastructure, Housing & Environment
 - Joyce King Director Justice Department
 - Joseph Morin-Lauzon Director Dept. of Community & Social Services
 - Amber Montour Director Department of Health
 - Donna Lahache Director Ahkwesahsne Mohawk Board of Education
 - Shawn Dulude Chief of Police/Director Dept. of Public Safety
 - Kylee Tarbell Director Dept. of Economic Development

WAT'KWANONHWERA:TON/GREETINGS

She:kon and welcome to the Mohawk Council of Akwesasne's community newsletter, Onkwe'ta:ke, which means "For the people." The primary goal of this publication is to deliver MCA's news and updates straight into the hands of community members. Should you wish to stay cxconnected in other ways, the following channels are provided:

- E-mail: If you have any questions about MCA departments and services, please email info@akwesasne.ca or call 613-575-2250.
- E-newsletter: Register for a weekly e-newsletter delivered straight to your email inbox. It's a great way to quickly stay up to date! Sign up by visiting www.akwesasne.ca/signup.
- Social Media: Visit us on Facebook, Twitter, Instagram and Snapchat!
- Mobile/Cell Text Alerts: Receive urgent or important messages right to your cell phone. Sign up by visiting www.akwesasne.ca/textalerts.
- Website: News and general information can be found on our website at www.akwesasne.ca. This includes job postings and Council contact information.
- Local Media: Find our news and information in Akwesasne's long-serving local media, CKON 97.3 Radio and Indian Time Newspaper.

FIVE THINGS

A list of five important announcements and valuable pieces of information!

- 1 If you are unable to attend the monthly MCA General Meeting, the recordings are posted to the MCA YouTube channel for viewing at your convenience. Visit www.youtube.com/mohawkcouncilofakwesasne to view our library of videos.
- 2 AMBE is currently accepting registrations for K3 (Head Start) and K4 students for the 2023-2024 school year. The deadline to register is March 29, 2023. Registration packets can be picked up at each district school or visit www.ambe.ca.
- 3 The Dept. of Community & Social Services provides support to community members with Special Needs through the Special Needs Fund. Special Needs applies to anyone aged 0 - 30 who has developmental, physical, or medical challenges that require specialized support and services. Read more on Page 18.
- 4 Please be reminded that the Hilltop Drive entrance to the Kanonhkwa'tsheri:io Health Facility parking lot remains closed and visitors/staff must use the Sweetgrass Lane entrance located north of the parking lot. Please DO NOT use the ambulance driveway as this could impede the ambulances from quickly leaving for an emergency. We kindly thank you for your understanding.
- 5 Thompson Island staff have been hosting a series of language learning events that anyone can attend. Kanien'keha Bingo Night will be held on March 14th at the Tsi Snaihne Recreation, and more events are being planned for the weeks and months ahead! Check the Thompson Island Cultural Camp Facebook page or listen to CKON for updates.

NEWS

JORDAN'S PRINCIPLE RECEIVES CERTIFICATE OF APPRECIATION FROM INDEPENDENT FIRST NATIONS (IFN)

TheMohawkCouncilofAkwesasne'sJordan'sPrinciple Program received a Certificate of Appreciation from Independent First Nations' (IFN) Jordan's Principle Coordinator, Leeann Schimoda, at a recent gathering for Jordan's Principle Programs. The certificate was presented to the Jordan's Principal Program Manager Mavis Williamson and Jordan's Principle Navigators Rachel George, Ohentiioa Lahache-Deering, and Sheryl Thompson.

of a 2-day gathering of Jordan's Principle Program Managers and Navigators throughout Ontario who came to hear presentations from Indigenous Services Canada - Jordan's Principle, First Nations Child and Family Caring Society, and provided networking opportunities with other First Nations operating Jordan's Principle programming.

The Certificate of Appreciation was presented to the Jordan's Principle staff in acknowledgment of establishing the program in Akwesasne and all their hard work in serving the needs of Akwesasne children and youth. The presentation came at the end

Congratulations to our Jordan's Principle Program staff and nia:wen/thank you for your continued dedication to the children and youth of Akwesasne.

For more information on the Jordan's Principle Program, please call 613-575-2341 ext. 2650.



Pictured Left-Right: Program Manager Mavis Williamson, and Navigators Rachel George, Ohentiioa Lahache-Deering and Sheryl Thompson.

SELF-GOVERNMENT NEGOTIATIONS TEAM MEETS
WITH MINISTER MARC MILLER

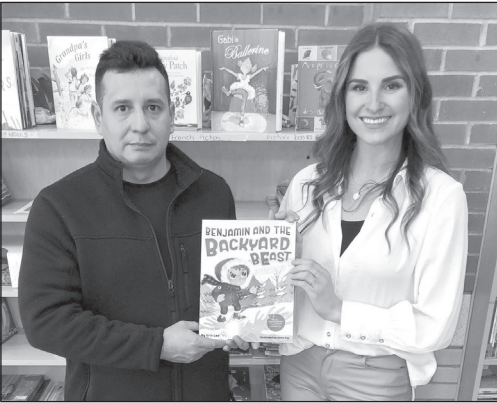
In February, members of the Akwesasne self-government negotiation team met with Minister Marc Miller to discuss the ongoing progress of negotiations with Mohawk Council of Akwesasne. Requests were made to the Minister to further advance our negotiations and encourage Canada to prioritize dealing with Akwesasne’s outstanding barriers so a final draft agreement can be concluded. The community’s best interests remain a top priority as this process continues.



Pictured Left-Right: Tsi Snaihne District Chief JoAnn Swamp, Nation Building Project Manager Rachel Lazare, Minister Marc Miller, Grand Chief Abram Benedict, Kawehno:ke District Chief Edward Roundpoint, Kana:takon District Chief Cindy Francis-Mitchell, Kawehno:ke District Chief Vince Thompson.

LOCAL ARTIST BRUCE BOOTS COLLABORATES WITH CORNWALL AUTHOR

Cornwall author Erin Lee published her third children’s book, ‘Benjamin and the Backyard Beast’. The book includes an Indigenous section, which contains a component written by the Native North American Travelling College and the Akwesasne Freedom School. Akwesasne artist Bruce Boots illustrated beautiful depictions of each animal listed in the book, which includes Mohawk translations under each animal. A great collaboration to help educate and spread awareness of the Haudenosaunee culture.



MCA OFFERS CONDOLENCES TO FAMILY, FRIENDS OF HARRY THOMPSON

With sadness, the Mohawk Council of Akwesasne announces the passing of Harry Thompson. Harry worked for many years in the Traditional Medicines Program, sharing his knowledge of our traditional teachings and medicines with clients who accessed the program. Harry was instrumental in developing and establishing the “Medicine Wheel Program” for Traditional Medicines, a program that is still used today.

Harry had also served indigenous youth by working as a counselor for MCA’s lonkwanonhsasetsi Adolescent Group Home. Harry had a profound impact on the lives of the young people he worked with by helping them connect to their culture and self-identity, which would provide them with the pride, confidence, and hopefulness they needed to live life on a good path.

Harry was very passionate about his culture, history, medicines, and language, sharing his knowledge with anyone who engaged with him. Harry taught his clients the importance of “self-discovery.” Even if Harry knew about a certain topic of discussion, he would allow his clients to talk and discover things about themselves. He would teach his clients to find strength in their weaknesses, embracing their emotions instead of suppressing them, giving them courage to address those feelings, often ending his



sessions with, “So, what did you learn about yourself today?”

Harry gave his clients, coworkers, and community members, a safe space to express themselves, using his passion for cultural identity and teachings to help others with self-awareness, empowerment, and growth.

We extend our sincerest condolences to the family and friends of Harry Thompson, and our staff, who are mourning his loss.

Attention Community of Akwesasne:

**Akwesasne Child & Family Services
needs YOUR help!**

There is an urgent need for kinship/foster/customary care homes. If you, or anyone you know, may be in a position to open your home to either temporary or long-term fostering, please call **613-575-5020** and speak to an intake worker to submit your information. A Resource Development Worker will be in contact with you.

COUNCIL AND MOHAWK GOVERNMENT

COUNCIL WEEKLY MEETING REPORT

SUBMITTED BY GRAND CHIEF ABRAM BENEDICT



FEBRUARY 6, 2023

- Representatives from the MCA Jordan's Principal (JP) presented to Council on the JP program and explained processes for applications and eligible expenses.
- The MCA Executive Director explained an exercise for Council to map out Council & Administration responsibilities and priorities.
- Council discussed follow-up on the Greener Homes presentation and will continue to explore a potential presentation to the community.

- Chief Diabo agreed to chair next week's meeting in the absence of the Grand Chief.
- Council discussed the rescheduling of a regular meeting date with the Saint Regis Mohawk Tribe. Council agreed to have the meetings monthly.
- A briefing was provided on the history of the 1796 Treaty Claim (New York Claim).
- Council discussed an upcoming meeting with the Akwesasne Mohawk Police Commission and set the agenda for the upcoming meeting.
- A briefing was provided on a recent meeting with the Saint Regis Mohawk Tribe on the renewal of a lease agreement.

- **MCRs passed:** Approval of ACFS non-union Management Salary admin. policy; Approval of (2) amendment to Akwesasne-Canada funding agreement; Approval of allocation of surplus funds for new AMPS Dispatch Console; Approval of funding agreement for First Nation Police Modernization Initiative; Approval of Jordan's Principal funding agreement; Approval of additional food subsidy allocation for missed applicants; Approval of 2022 Ontario Ministry of Transport subsidy; Approval of lease amendment for Pilon Island; Approval of lease amendment for Tupper Island; Approval of lease amendment for Pilon Island; Approval to rescind MCR related to lease assignment.

FEBRUARY 27, 2023

- A representative from the MCA Environment and the River Institute presented to Council the highlights of a draft report on delisting criteria on beach closures. Council agreed to support the report and will provide a letter of support.
- The MCA Director of Finance and Administration presented the draft 2023/2024 MCA operational budget to Council and provided highlights for each MCA department.
- A briefing was provided on the current recruitment process underway to recruit an Executive Director for the MCA.
- Council reviewed a request for support for local studio production company to film in the community a documentary. Council agreed to support the request and identified Chief Diabo as a liaison on behalf

COUNCIL AND MOHAWK GOVERNMENT

of Council.

- A briefing was provided on a request for assistance on Akwesasne Iron Workers pension and taxation. Further research will be done and reported back.
- Council was reminded of upcoming training available on Active Ready Response training.

- A request for a Council member to participate on the Iroquois Caucus hiring committee. Chief Sarah agreed to participate.

- Council was briefed on the upcoming Iroquois Caucus general meeting and asked to put forward agenda items ahead of the meeting.

- A briefing was provided on a request for support on exemption for participants of the North American Indigenous Games who are unvaccinated. Additional information will be provided

- **MCRs passed:** Approval to revision of 2021/24 Council portfolio; Approval of contribution agreement with Environment Canada for Forest Landscape project; Approval of partnership agreement with Raising River Conservation; Approval of contribution agreement with Parks Canada; Approval of application

to Impact Assessment Agency assignment of lease Hamilton Canada; Approval to proceed with the creation of a trust for the Dundee Stanley Island; Approval of new lease settlement funds; Approval of BMO main account signing authority; Approval to proceed with Additional to Reserve (ATR) application; Approval of Budget Adjustment to Akwesasne Canada funding agreement; Approval of (4) Assessment report; Approval of amendment to Akwesasne Canada funding agreement; Approval of assignment of lease Pilon Island; Approval of MCA 2023/2024 operating Renshaw Island; Approval of (2) budget.

DISTRICT MEETINGS

KAWEHNO:KE
Enniskó:wa/March 8
Kawehno:ke Recreation • 6 p.m.

KANA:TAKON
Enniskó:wa/March 20
St. Regis Recreation • 6 p.m.

TSI SNAIHNE
Enniskó:wa/March 20
Snye Recreation • 6 p.m.

GENERAL MEETING

TSI SNAIHNE RECREATION CENTER
Enniskó:wa/March 30
6 p.m.

MARCH 2023



COUNCIL AND MOHAWK GOVERNMENT

KANA:TAKON DISTRICT CHIEF JULIE PHILLIPS-JACOBS UPDATES



Monthly Report:

January-February 2023

Portfolios:

Department of Justice, Public Safety, AMBE (Akwesasne Mohawk Board of Education)

Selected Committees:

Finance, Special Needs Committee

PORTFOLIO UPDATES:

Justice – Legislative work continues, the Cannabis Law, Emergency Law, Election Law, Residency Law, and Child's Rights Law. Each law is at a different part of the law enactment/amendment process.

Public Safety – Attended an Emergency Preparedness conference in Toronto. The council was set to meet with the Police Commission, but due to severe weather, this meeting will be rescheduled.

AMBE – Continues the structural readiness path. The Board reviewed and approved the 2023-2024 budget and the PSAP (Post Secondary Assistance Program) booklet for 2023-2024. Increases in some areas of post-secondary education were approved by the Board.

COMMITTEE UPDATES:

Finance Committee – Reviewed the final budget. A presentation was made to Council and a Mohawk Council Resolution was passed, accepting the 2023-2024 budget. A presentation will be made to the community at the March General Meeting.

Special Needs Committee – The Special Needs strategic plan was completed and accepted by Council through a MCR in December of 2021. The Special Needs Committee has been combined with the Special Needs Committee Fund that was formed from the interest of the Future Generation Fund. The department of Social Services will now be the head of this committee. The charter and policies will need to be amended to include these changes.

MONTHLY NOTABLES:

January 16-17, 2023

Toronto, Ontario

Attended a two-day work session with the Independent First Nations (IFN) regarding child welfare. Presentations were made by the Chiefs of Ontario (COO) lawyer, Sinead Deerman on the Child Welfare Reform and where the negotiations are at.

January 23-25, 2023

Toronto, Ontario

Attended an IFN conference on Emergency Preparedness. Chief Adams, Chief Adams-Phillips and myself were part of a panel on the first day. We spoke about our experiences in dealing with different community emergencies, the importance of everyone knowing their role and having alternates in case key people are unavailable. We also spoke about the importance of communicating plans/roles to the community and those that are on the team. We participated in tabletop exercises and learned about different personality traits. Dealing with different personality traits can be difficult, but if you recognize a person's traits, it is easier to work with them and understand where they are coming from.

COUNCIL AND MOHAWK GOVERNMENT

KANA:TAKON DISTRICT CHIEF JULIE PHILLIPS-JACOBS UPDATES

Kana:takon District Meetings

January 16, 2023

The January Kana:takon District meeting was cancelled out of respect for the passing of a Kana:takon resident. Heartfelt condolences to the family and to all that have lost a loved one this year.

February 20, 2023

The February Kana:takon District meeting was held on February 20th. I was unable to attend due to prior scheduled family obligations.

General Meetings

January 26, 2023

The January General Meeting was cancelled due to severe weather.

February 23, 2023

Meeting Type: Hybrid

The February General Meeting was held on February 23 at the St. Regis Recreation Center. I attended via Zoom as I had sickness within my household. The General Meeting can be viewed on the akwesasne.ca website. Meetings continue to be available via zoom and in-person.

IFN Health Directors

February 22-23, 2023

Attended the Independent First Nations (IFN) Health Directors meeting at Best Western for the morning of February 22. This meeting was a chance for the IFN directors from within the IFN to get together and discuss issues

that they may be having, successes they had and an overall networking of ideas on how to help each other. I was happy to sit in and welcome each of our sister and brother nations to our community. Each community present did an update to the table. Commonalities included looking for leadership positions within the communities, i.e., Executive Directors and the difficulties everyone is having in keeping staff, burnout, stress, mistreatment from community to the staff, wages, and suicides. On day two, the directors were able to take a tour of Akwesasne to see the territory and services offered.

OTHER:

I will be away from the office from March 10-20, 2023.

UPCOMING YOUTH GATHERING ON GOVERNANCE CALLOUT

Chiefs of Ontario (COO) and the Ontario First Nations Young Peoples Council (OFNYPC) invite interested youth from Ontario First Nations communities to attend the Ontario First Nations Youth Gathering on Governance from March 24-26, 2023 in Thunder Bay, Ontario.

The gathering will be an opportunity for First Nations youth in Ontario to learn about governance, exchange knowledge and expand their networks.

Youth that are interested in being sponsored as

delegates are to provide Lance Copegog, OFNYPC Facilitator, with a written essay via email to copegog@coo.org explaining why they want to attend the Ontario First Nations Youth Gathering on Governance.

Akwesasnon attending the event are eligible to have their attendance sponsored by the Mohawk Council of Akwesasne. Reach out to Chelsea Francis (chelsea.francis@akwesasne.ca) or Taylor Armstrong (taylor.armstrong@akwesasne.ca) for more information.

SOCIAL MEDIA CONNECTION

FACEBOOK STATS



Facebook Posts with the Most Likes in February

1. Skateboard Project Celebrates Indigenous Artwork
2. Day 1 of Wooden Boat-Building with TICC is Complete
3. MCA Offers Condolences to Family, Friends of Harry Thompson
4. Jordan’s Principle Receives Certificate of Appreciation from Independant First Nations (IFN)
5. TICC and WHW Prevention Program Provide Elder Care Packages

Facebook Posts with the Highest Reach in February

1. Skateboard Project Celebrates Indigenous Artwork — 16,277 reached
2. Day 1 of Wooden Boat-Building with TICC is Complete — 9,317 reached
3. Thompson Island Cultural Camp Hosting Snow Snake Presentations — 6,497 reached
4. MCA Offers Condolences to Family, Friends of Harry Thompson — 6,270 reached
5. Thompson Island Cultural Camp Invites Community to Wooden Boat-Building Workshop— 5,706 reached



TWITTER STATS

Top Tweet in February

Mohawk Council of Akwesasne @MCAkwesasne · Feb 22
MCA seeking proposals to supply, deliver and install a modular hydroponic farm for Akwesasne, where it will be used to grow produce year-round to distribute healthy foods to the community.

Deadline: March 13, 2023 at 3 p.m.

View the full RFP at: akwesasne.ca/rfp-modular-hy...



YOUTUBE STATS

Highest Viewed Video on the MCA YouTube Channel for February

1. Wooden Boat Workshop with Norman Peters



Follow us on social media!

www.facebook.com/akwesasne.ca

www.twitter.com/MCAkwesasne

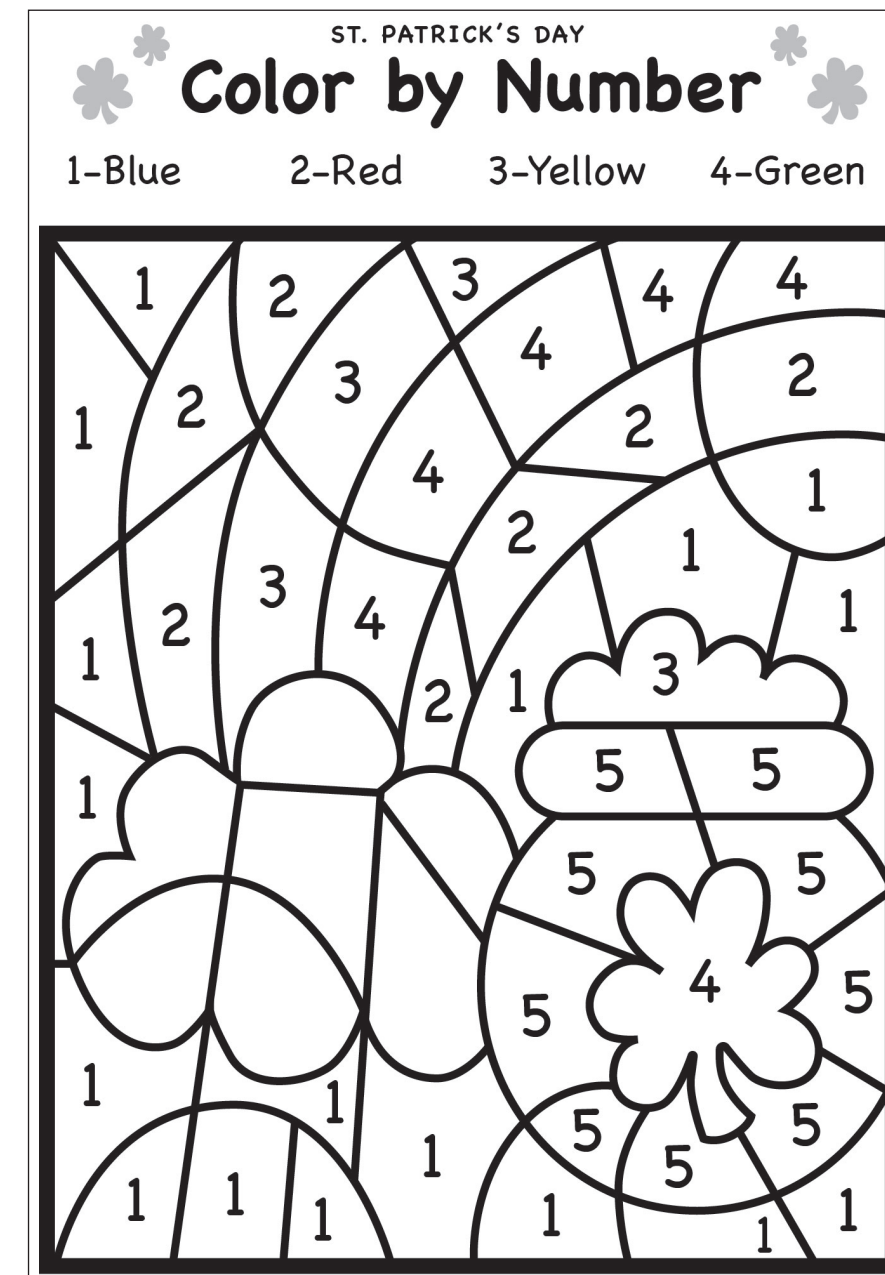
www.youtube.com/MohawkCouncilofAkwesasne

CHILDREN’S PAGE

SPOT THE SIX DIFFERENCES



1. Rainbow 2. Gold coin missing from hand 3. Extra coin under pot of gold 4. Large clover above pot of gold 5. Clover on Leprechau's jacket 6. Added grass next to tree stump



WORD SEARCH

M L X I L G I B C L
P W U H C R A M L A
D Y I C E I X N O S
R S C L K G O D V N
Q N A P F Y M J E I
H N W O B N I A R O
D P Z G W W Y H V C
L E P R E C H A U N

Clover
Coins
Leprechaun
Lucky
March
Rainbow

YOU’VE GOT TO BE KIDDING ME!

What do you call a rabbit with fleas?
Bugs Bunny.

How excited was the gardener about spring?
So excited he wet his plants!

What are spring’s favorite kind of pickles?
Daffo-dills!

AHKWESAHSNE MOHAWK BOARD OF EDUCATION

GRADE 5 TSI SNAIHNE STUDENTS PARTICIPATE IN YOUTH STORYTELLER CONTEST

Grade 5 students from Tsi Snaihne School participated in the 2023 Youth Storyteller Contest, held by First Nations Education Administrators Association (FNEAA). First Nations students were invited to submit videos and artwork that tell stories of their culture and everyday life.

Three grade 5 students from Tsi Snaihne School took 1st, 2nd, and 3rd place for our region in the contest. Using different art mediums from watercolour paint, coloring pencils to beads, students used their creativity to develop beautiful pieces of art to showcase their identity, school and nation.

1st – Maxwell McDonald - Our Culture Watercolour
2nd – Cansas Morris - Watercolour Medicine Wheel
3rd – Tianna Gibson - Beadwork

Congratulations and great job to all the participants!





AHKWESAHSNE MOHAWK BOARD OF EDUCATION

Office: 613-933-0409 or 613-575-2250 ext. 1400

Ahkwasasne Mohawk School
613-932-3366

Tsi Snaihne School
613-575-2291

Kana:takon School
613-575-2323

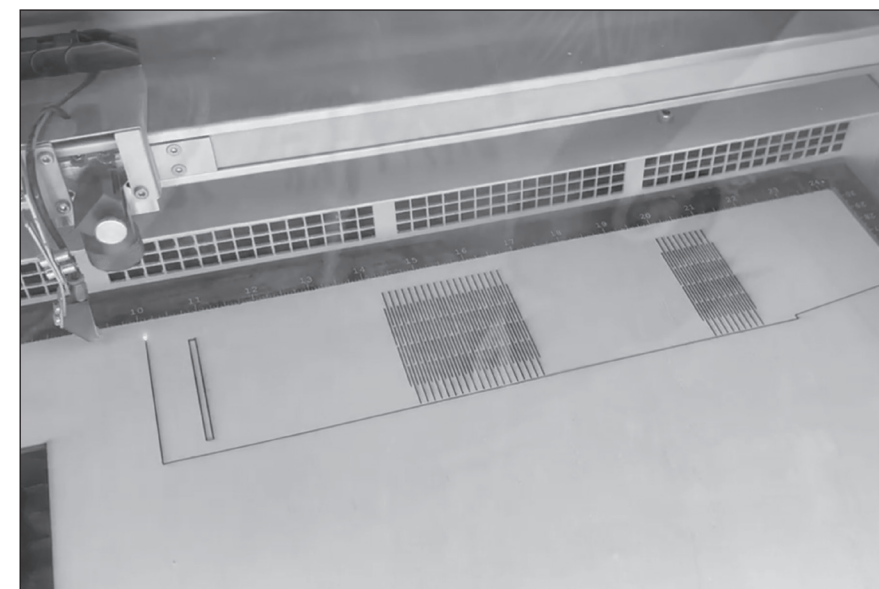
Iohahi:io Akwasasne Education & Training Institute 613-575-2754 or 613-575-2250 ext. 4100



Contact Us!

AHKWESAHSNE MOHAWK BOARD OF EDUCATION

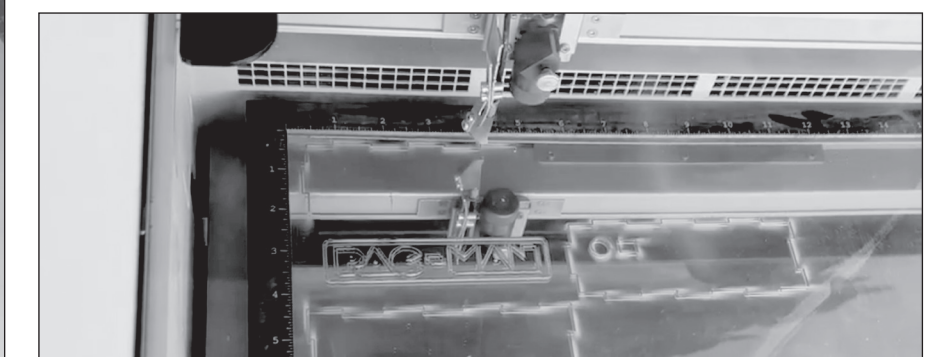
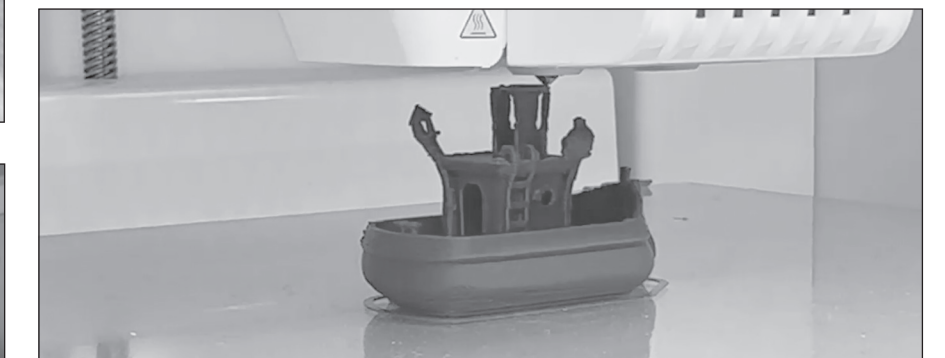
AKWESASNE FABLAB PROGRAM AT IOHAHI:IO



The Akwasasne FABLAB Program is a sixteen-week paid training program that provides participants with the skills and knowledge to use digital fabrication technologies to prototype cultural and solution-based products. Through applied learning activities, participants learn:

- Vinyl Cutting
- 3D Printing
- Laser Cutting
- Engraving
- Digital Milling
- Electronics
- Woodworking/CNC Machine
- Cricut use
- Silk Screening

The next program will be starting May 1, 2023. For more information, contact Iohahi:io Akwasasne Education and Training Institute at 613-575-2754 or visit their Facebook page.



DEPARTMENT OF HEALTH

WHOLISTIC HEALTH & WELLNESS PREVENTION PROGRAM AND THOMPSON ISLAND CULTURAL CAMP PROVIDE ELDER CARE PACKAGES

On February 7th, the Mohawk Council of Akwesasne's Wholistic Health & Wellness Prevention Program (WHWPP) and the Thompson Island Cultural Camp (TICC) hosted a winter Elder Care Package giveaway at the St. Regis Recreation Center. TICC and WHWPP staff handed out 75 care packages to community elders who registered to receive a bag. Elders who registered received an email or phone call confirmation and were provided with pick-up information.

Each bag contained the following:

- Snipe Clan corn
- Strawberry drink and raspberry tea (*picked and packaged by the TICC summer students*)
- Venison soup
- Raw honey from Martins Farms
- Self-care items and information

For more information on Thompson Island Cultural Camp, please contact Jessica Shenandoah at ticc@akwesasne.ca. For more information on the MCA Wholistic Health & Wellness Program (Prevention), please contact Kyle Thompson at 613-575-2341 ext. 3107.



DEPARTMENT OF HEALTH

MARCH 2023

MCA COMMUNITY HEALTH FITNESS CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 INDOOR WALKING STRONG 9 AM-10 AM @ SAINT RECREATION BOOT CAMP 4:30-5:15 PM @ SAINT RECREATION	2	3 TREADMILL TRAINING 11 AM-12 PM @ KANONHKWAT'SHERI:IO FITNESS CENTER
4 TREADMILL TRAINING 11 AM-12 PM @ KANONHKWAT'SHERI:IO FITNESS CENTER BOOT CAMP 5-5:45 PM @ ISLAND RECREATION	5 INDOOR WALKING STRONG 9 AM-10 AM @ SNYE RECREATION	6 INDOOR WALKING STRONG 9 AM-10 AM @ SAINT RECREATION BOOT CAMP 4:30-5:15 PM @ SAINT RECREATION	7 TREADMILL TRAINING 11 AM-12 PM @ KANONHKWAT'SHERI:IO FITNESS CENTER	8 TREADMILL TRAINING 11 AM-12 PM @ KANONHKWAT'SHERI:IO FITNESS CENTER
9 TREADMILL TRAINING 11 AM-12 PM @ KANONHKWAT'SHERI:IO FITNESS CENTER BOOT CAMP 5-5:45 PM @ ISLAND RECREATION	10 INDOOR WALKING STRONG 9 AM-10 AM @ SNYE RECREATION	11 INDOOR WALKING STRONG 9 AM-10 AM @ SAINT RECREATION BOOT CAMP 4:30-5:15 PM @ SAINT RECREATION	12 TREADMILL TRAINING 11 AM-12 PM @ KANONHKWAT'SHERI:IO FITNESS CENTER	13 TREADMILL TRAINING 11 AM-12 PM @ KANONHKWAT'SHERI:IO FITNESS CENTER
14 TREADMILL TRAINING 11 AM-12 PM @ KANONHKWAT'SHERI:IO FITNESS CENTER BOOT CAMP 5-5:45 PM @ ISLAND RECREATION	15 INDOOR WALKING STRONG 9 AM-10 AM @ SNYE RECREATION	16 BOOT CAMP 4:30-5:15 PM @ KANONHKWAT'SHERI:IO FITNESS CENTER	17 TREADMILL TRAINING 11 AM-12 PM @ KANONHKWAT'SHERI:IO FITNESS CENTER	18 TREADMILL TRAINING 11 AM-12 PM @ KANONHKWAT'SHERI:IO FITNESS CENTER
19 TREADMILL TRAINING 11 AM-12 PM @ KANONHKWAT'SHERI:IO FITNESS CENTER BOOT CAMP 5-5:45 PM @ ISLAND RECREATION	20 INDOOR WALKING STRONG 9 AM-10 AM @ SNYE RECREATION	21 BOOT CAMP 4:30-5:15 PM @ KANONHKWAT'SHERI:IO FITNESS CENTER	22 TREADMILL TRAINING 11 AM-12 PM @ KANONHKWAT'SHERI:IO FITNESS CENTER	23 TREADMILL TRAINING 11 AM-12 PM @ KANONHKWAT'SHERI:IO FITNESS CENTER
24 TREADMILL TRAINING 11 AM-12 PM @ KANONHKWAT'SHERI:IO FITNESS CENTER BOOT CAMP 5-5:45 PM @ ISLAND RECREATION	25 INDOOR WALKING STRONG 9 AM-10 AM @ SNYE RECREATION	26 INDOOR WALKING STRONG 9 AM-10 AM @ SAINT RECREATION BOOT CAMP 4:30-5:15 PM @ SAINT RECREATION	27 TREADMILL TRAINING 11 AM-12 PM @ KANONHKWAT'SHERI:IO FITNESS CENTER	28 TREADMILL TRAINING 11 AM-12 PM @ KANONHKWAT'SHERI:IO FITNESS CENTER
29 TREADMILL TRAINING 11 AM-12 PM @ KANONHKWAT'SHERI:IO FITNESS CENTER BOOT CAMP 5-5:45 PM @ ISLAND RECREATION	30 INDOOR WALKING STRONG 9 AM-10 AM @ SNYE RECREATION	31 BOOT CAMP 4:30-5:15 PM @ KANONHKWAT'SHERI:IO FITNESS CENTER	32 TREADMILL TRAINING 11 AM-12 PM @ KANONHKWAT'SHERI:IO FITNESS CENTER	33 TREADMILL TRAINING 11 AM-12 PM @ KANONHKWAT'SHERI:IO FITNESS CENTER

FITNESS CLASSES:

INDOOR WALKING STRONG
GET YOUR HEART PUMPING WITH THIS WALKING AND STEPPING PROGRAM FOR ALL AGES TO ENJOY. GO AT YOUR OWN PACE OR CHALLENGE YOURSELF!

TREADMILL TRAINING
WALKING, JOGGING, SPRINTING, AND HILLS SOUND FUN? WELL, IT IS! ANOTHER GREAT WAY TO CHALLENGE YOURSELF AND IMPROVE CARDIOVASCULAR HEALTH

BOOT CAMP
BOOT CAMP IS DESIGNED TO GET YOUR HEART PUMPING, INCREASE METABOLISM, AND BURN CALORIES

PLEASE KEEP IN MIND THAT CLASSES WILL BE CANCELED IF MCA IS CLOSED FOR ANY REASON. OTHER ISSUES MAY ARISE THAT WILL CAUSE FITNESS CLASS CANCELLATIONS. PLEASE CHECK OUR FACEBOOK PAGE (MCA COMMUNITY HEALTH PROGRAM) FOR ANY UPDATES.

DIABETES PREVENTION WORKERS:
(613) 575-2341
KRISTA - EXT.3239
SERENA - EXT.3241

Join our Team!

WE ARE HIRING

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www.akwesasne.ca/employment

DEPARTMENT OF HEALTH

DEPARTMENT OF HEALTH LAND-BASED HEALING DONATES TO UNITY STREET HELP ASSOCIATION

The Mohawk Council of Akwesasne's Department of Health Land-Based Healing Program donated supplies to the Unity Street Help Association, a non-profit organization operating out of Akwesasne and Cornwall to assist those who are homeless and less fortunate.

Land-Based Healing Program Coordinator Brandon David donated items that will help those who are homeless, or in need, with staying warm and safe. The Unity Street Help Association received:

- 50 Tobacco Ties
- 50 Winter Hats
- 65 Hoodies
- 10 Sleeping Bags
- First Aid Kit

The Land-Based Healing Program would like to acknowledge the following individuals in assisting with this project:

- Norman King - Akwesasne Mohawk Police Service (AMPS)
- Patrick "Magoo" Cook - Mohawk Council of Akwesasne
- Marcey Thompson - Mohawk Council of Akwesasne
- Tina L. Point - Unity Street Help Association

The Land-Based Healing Program will continue to collaborate with the Unity Street Help Association to assist Akwesasronon wherever they are, be it on the territory of Akwesasne, in the city of Cornwall, or in the surrounding areas.

For more information on the Land-Based Healing Program, please contact Brandon David at 613-575-2341 ext. 3302. More information for Unity Street Help Association can be found on their Facebook page, or by contacting founder Tina L. Point.



DEPARTMENT OF HEALTH

Akwesasne Non-Insured Health Benefits:
613-575-2341 ext. 3340

Community Health:
613-575-2341 ext. 3220

Wholistic Health and Wellness:
613-575-2341 ext. 3115

Home Care Home Support:
613-936-1548

Iakhihsohtha Lodge:
613-575-2507

Tsiokwanonhso:te Long-Term Care Facility:
613-932-1409



DEPARTMENT OF HEALTH

LOVE IS IN THE AIR AT IAKHIHSOHTHA LODGE

Iakhihsohtha Lodge was filled with love for this year's Valentine's Day celebration. Residents enjoyed live music, dancing, special Valentine's Day gifts and the crowning of this year's King & Queen. Nia:wen to the Iakhihsohtha staff for another memorable event and taking great care of our Totas.



DEPARTMENT OF COMMUNITY & SOCIAL SERVICES

DEPARTMENT OF COMMUNITY & SOCIAL SERVICES ANNOUNCES SPECIAL NEEDS FUND AVAILABILITY

The Mohawk Council of Akwesasne's Department of Community & Social Services (DCSS) is reminding the community of the availability of a Special Needs Fund. This fund is available to those community members aged 0 - 30 who have developmental, physical, and medical challenges and require specialized support and services.

"Special Needs" refers to developmental or acquired conditions that significantly affect a person's daily functions in any of the following areas: capacity for independent living, economic self-sufficiency, learning, mobility, receptive and expressive language, self-care, and self-direction. Developmental disabilities are usually classified as severe, profound, moderate, or mild, as assessed by the individual's need for support which may be lifelong.

DCSS would like the community to be aware of the following with the Special Needs Fund:

- Services in or outside of the home are geared towards fostering independence and skill development, community involvement, and inclusion.

- All other resources have been explored to meet individual needs before applying for the Special Needs Fund.

Applications for the Special Needs Fund are available on the MCA website at www.akwesasne.ca/policies/mca-special-needs-fund-policy or can be picked up in person at the DCSS Administration Office located in Kanonhkwa'tsheri:io. Applications for the Special Needs Fund are to be submitted to DCSS Administration Executive Assistant Alicia Thompson at alicia.thompson@akwesasne.ca.

For any questions, or for more information, on the Special Needs Fund, please call the Department of Community & Social Services at 613-575-2341 ext. 3305.

DCSS ANNOUNCES AVAILABILITY OF SPECIAL NEEDS FUND

For more information on the Special Needs Fund, please contact the MCA Department of Community & Social Services.
alicia.thompson@akwesasne.ca | 613-575-2341 ext. 3305



DEPARTMENT OF COMMUNITY & SOCIAL SERVICES

TRADITIONAL HIDE PAINTING WORKSHOP



MCA's Akwesasne Child & Family Services, Akwesasne Community Support Program and Thompson Island Cultural Camp teamed up to sponsor a hide painting workshop for community members.

The staff from Great Lakes Lifeways Institute led the workshop, teaching participants how to use natural elements from the earth to create traditional hide paintings. This was an informative session that allowed participants to learn some unique ancestral skills. Discussions were held about the differences between brain tanned and commercial tanned hides, learning how to make paints with fish eggs and earth pigments and how to use proper tools. Participants also learned how to soften sinew to sew their bags.

Thank you/Niawenhkó:wa to Great Lakes Lifeways Institute for leading the workshop and sharing your knowledge.



SEX TRAFFICKING 101 PRESENTATION

On February 22, the Akwesasne Family Wellness Program (AFWP) in conjunction with Akwesasne Mohawk Police Service (AMPS), hosted "Sex Trafficking 101" presentation sessions at the Akwesasne Mohawk Casino Resort. The sessions explored topics of sex trafficking and the dangers of social media, including fake "apps" used by young people to go undetected. Great work AFWP and AMPS for informing the community of this important topic and spreading awareness.



AMPS Detective Rachel Thomas and AFWP Anti-Human Trafficking Liaison Patrick Dussault.

DEPARTMENT OF COMMUNITY & SOCIAL SERVICES

MCA STAFF, AMBE STUDENTS PARTICIPATE IN PINK SHIRT DAY

February 22nd marked the annual “Pink Shirt Day,” a Canada-wide movement that promotes taking a stand against bullying. The Mohawk Council of Akwesasne’s Child & Family Services (ACFS) provided pink shirts to staff and community members who wished to participate in this year’s event.

What started as a protest organized by two high school teenagers in Nova Scotia became a Canada-wide movement. The teens, David Shepherd and Travis Price, organized a protest amongst their classmates, and all agreed to wear pink in a show of support for a Grade 9 boy who was bullied for wearing a pink shirt days prior. David and Travis purchased and passed out pink t-shirts to the boys in their school for them to wear. The group stood in the school entryway and greeted the bullied boy in their pink shirts to show him they took a stand against him being bullied. Word on the teen boys’ actions quickly spread across Canada, with several schools,

programs, and Boys & Girls Clubs marking the event on an annual basis.

To partake in 2023’s Pink Shirt Day, ACFS and the Akwesasne Boys & Girls Club Northern Clubhouses (clubhouses in the AMBE districts) collaborated to handout 400 pink t-shirts to MCA staff, community members, and Ahkwesahsne Mohawk Board of Education (AMBE) students who wanted to show their unity in standing up against bullying. Staff and students proudly wore their pink shirts throughout the day.

Nia:wen/Thank you to Akwesasne Child & Family Services for the pink shirts which were provided, and nia:wen/thank you to the staff and students who proudly participated in this year’s Pink Shirt Day.

For more information on Pink Shirt day, you can visit www.pinkshirtday.ca.



DEPARTMENT OF ECONOMIC DEVELOPMENT

SKATEBOARD PROJECT CELEBRATES INDIGENOUS ARTWORK

The Skateboard Project is an initiative that aims to promote Indigenous artwork, physical activity, and collaboration between cultural centers across multiple Indigenous communities.

In its second year, Kahnawà:ke, Kanehsatà:ke, Kenhtè:ke, Ahkwesáhsne, and Six Nations came together to create 7 skateboards graphics showcasing the range of styles and cultural imagery. Two artists from Ahkwesáhsne participated this year. Joseph King was commissioned by the Native North American Travelling College and Ian Clute was commissioned by MCA’s Department of Economic Development.

Skateboard culture values inclusivity, individuality, creativity, and freedom, and blending these with Indigenous traditions has created a project that connects communities through local art and skateboarding.

We hope to see more Indigenous communities being part of the project in the future!

Instructions to Purchase

Please visit the MCA Economic Development Dept. to purchase or pick up a skateboard. Boards are available at \$90 each or \$320 for any four boards (e-transfer only). Please note that the skateboards do not include trucks, wheels, bearings, etc.

Economic Development is located at:
167 International Road
Unit #3
Kawehno:ke (Cornwall Island)

If you have any questions, please call 613-575-2250 ext. 1802 or email ecdev@akwesasne.ca.

SKATEBOARD PROJECT 2023

Six Nations



Sara General

Kenhtè:ke



Teyohá:te Brant

Ahkwasáhsne



Joseph King

Kanehsatà:ke



Adrienne Gareau

Kahnawà:ke



Maya Taylor-Barnett
a.k.a
Lunchtime Grime



Tahothoratie Cross

DEPARTMENT OF ECONOMIC DEVELOPMENT

REQUEST FOR PROPOSALS: MODULAR HYDROPONIC FARM

MCA is seeking proposals to supply, deliver and install a modular hydroponic farm for Akwesasne, where it will be used to grow produce year-round to distribute healthy foods to the community.

CLOSING DATE & TIME:
MARCH 13, 2023 @ 3 PM

If you have any questions, please contact:

KYLEE TARBELL

613-575-2250 EXT. 1801
ECDEV@AKWESASNE.CA



DEPARTMENT OF ECONOMIC DEVELOPMENT

The office of Economic Development is located at:
167 International Road Unit #3 - Peace Tree Trade Centre
Phone: 613-575-2250 ext. 1802 Email: ecdev@akwesasne.ca



DEPARTMENT OF ECONOMIC DEVELOPMENT

TICC HOSTS WOODEN BOAT-BUILDING WORKSHOP

The Thompson Island Cultural Camp (TICC) hosted a multi-day wooden boat-building workshop with Norman Peters at the Tsi Snaihne Recreation Center. The purpose of this workshop was to revive the practice of making our own wooden boats for transportation and fishing around our islands.

Community members were welcome to attend and take part in the boat-building process each day.

Members in attendance assisted in cutting and nailing boards, shared their skills and told stories about life on the river. Upon completion of the workshop, two 12 ft. wooden boats were built.

Niawenhko:wa to Norman Peters for sharing your skills and the community members who showed up each day to participate, learn and teach one another.





Home Maintenance Checklist

IMPROVEMENT ADVICE

- Upgrade outside, replace lightbulbs
- Clear the gutters
- Clean linens, carpets and rugs
- Clean out the medicine cabinet
- Add motion sensor indoor lighting
- Upgrade the locks
- Keep driveway and sidewalk clear with salt
- Check batteries in carbon monoxide detector
- Be fire smart, plan escape route
- Check air intakes, exhausts and meters
- Clean bathroom exhaust fan
- Wipe down fan blades
- Organize dresser drawers and donate unused clothing
- Clean out fridge and wipe down
- Replace burnt out light bulbs
- Vacuum air vents
- Clean humidifiers
- Change water/ice maker filters
- Clean range hood and fan
- Good time to clean the blinds
- Clean screens and windows
- Wash the washing machine
- Don't forget the dishwasher too



PROFESSIONAL CLEANING TIPS

- Microfiber cloths are your must have cleaning tool
- Keep a caddy with all your cleaning supplies
- Keep up with spills and messes throughout the day
- Tackle simple tasks quickly and frequently
- Try baking soda and vinegar for tough messes
- Clean high traffic areas several times per week
- Pay attention to smaller odd jobs in bathroom
- Use the right tools to deal with dust
- Use mop to wash walls and base boards
- Vacuum all soft furniture includes under cushions
- Curtains should be washed at least twice per year
- Make the bed as soon as you get up

MONTHLY CHECKLIST

- ☐ Clean or replace the filter to the furnace and/or HRV
- ☐ Clean faucets and shower heads from mineral buildup
- ☐ Inspect all drains for debris; unclog if necessary
- ☐ Test smoke alarms
- ☐ Vacuum heat registers and heat vents
- ☐ Check indoor and outdoor air vents are not blocked

DEPARTMENT OF INFRASTRUCTURE, HOUSING & ENVIRONMENT

ADMINISTRATION:
613-575-2250 ext. 1003

MAINTENANCE PROGRAM: 613-575-2250 EXT. 1022
HOUSING: 613-575-2250 EXT. 2300
ENVIRONMENT: 613-575-2250 EXT. 1038
ROADS DEPARTMENT CENTRAL DISPATCH: 613-575-2340 OR 613-938-5476
WATER/WASTEWATER INFRASTRUCTURE EMERGENCY: 613-575-2000
AFTER HOURS PAGER: 518-404-3352
OFFICE HOURS: MONDAY – FRIDAY 8AM-4PM 613-933-4924
SOLID WASTE MANAGEMENT (GARBAGE AND RECYCLING):
613-575-2250 ext. 1002

WORLD WETLANDS DAY 2023 CELEBRATION AT COOPER MARSH

MCA's Environment Program and Raisin Region Conservation Authority (RRCA) partnered together to host a celebration of World Wetlands Day, held at the Cooper Marsh Conservation Area in South Glengarry. Local communities from both sides of the St. Lawrence River were in attendance to join in on the celebration.

The opening of the event started off with the *Ohen:ton Karihwateh:kwen*, which was recited by MCA's Environment Program staff member, Keri Horne-Burns. Free snow shoe rentals were available along with guided tours to explore the marsh's natural features, decipher animal tracks, learn winter tree ID and traditional plant uses. Inside the visitor centre, attendees enjoyed traditional Mohawk food and deepened their knowledge of wetlands and biodiversity through interactive and educational displays.

World Wetlands Day is an opportunity to raise awareness about the role and importance of wetlands, to help reverse their rapid loss. Nia:wen to MCA's Environment Program and RRCA staff for hosting the event and informing the local communities of this important matter.



ENVIRONMENT PROGRAM

- 613-575-2250 ext. 1038
- 613-938-6760 (Fax)
- www.facebook.com/mca.environment

Contact Us!



AKWESASNE MOHAWK POLICE SERVICE



WE ARE HIRING

*Public Safety Dispatcher
Cadet-Constables
Experienced Constables*

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AMPS HIRING – Interested applicants can view the job postings at www.akwesasne.ca/employment.

AKWESASNE MOHAWK POLICE SERVICE



PRESENTATIONS FOR

Elders & Seniors

The Akwesasne Mohawk Police Services will be hosting a series of informative presentations to educate elders and seniors within the community.

LOCATION: SRMT Office for the Aging Senior Center	LOCATION: Tri-District Elders Lodge (Kawehno:ke)
January 23 11:00 a.m. - 12:00 p.m. Elder Abuse Awareness	January 18 11:00 a.m. - 12:00 p.m. Elder Abuse Awareness
January 30 11:00 a.m. - 12:00 p.m. Scams	January 25 11:00 a.m. - 12:00 p.m. Scams
February 6 11:00 a.m. - 12:00 p.m. Home Safety	February 1 11:00 a.m. - 12:00 p.m. Home Safety
February 27 11:00 a.m. - 12:00 p.m. Cannabis Awareness	February 8 11:00 a.m. - 12:00 p.m. Cannabis Awareness
March 6 11:00 a.m. - 12:00 p.m. Vaping Awareness	March 1 11:00 a.m. - 12:00 p.m. Vaping Awareness
March 13 11:00 a.m. - 12:00 p.m. Opioid Awareness	March 8 11:00 a.m. - 12:00 p.m. Opioid Awareness
March 20 11:00 a.m. - 12:00 p.m. Naloxone Training	March 15 11:00 a.m. - 12:00 p.m. Naloxone Training

FOR MORE INFORMATION CONTACT NORMAN KING: 613-575-2340



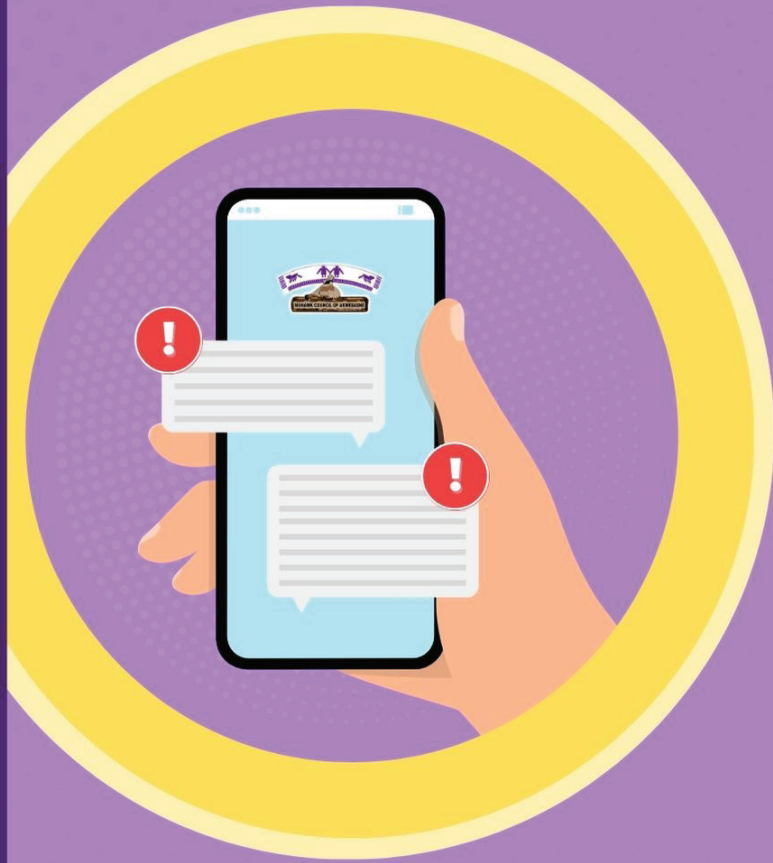
AKWESASNE MOHAWK POLICE SERVICE



- Non-Emergency Phone: **613-575-2250**
- Emergency Phone: **613-575-2000**
- Email: info.amps@akwesasne.ca

FEBRUARY STATISTICS

- 1 021 Other Robbery
- 1 035 Theft Over \$5000 - Other
- 1 039 Theft Under \$5000 - Shoplifting
- 3 040 Theft Under \$5000 - Other
- 2 045 Frauds - Other
- 4 061 Bail Violations
- 1 063 Disturb the Peace
- 3 072 Mischief (Prop. Damage) Under \$5000
- 1 073 Criminal Code - Other
- 1 079 Cocaine - Possession
- 5 100 Immigration Act
- 9 1001 Alarms
- 2 1002 Alerts
- 1 1003 Assist Other Agencies - Ambulance
- 11 1003 Assist Other Agencies - Cornwall PS
- 7 1003 Assist Other Agencies - Other
- 8 1003 Assist Other Agencies - Tribal PD
- 40 1004 Assist Public
- 1 1006 Document Service
- 1 1007 Breach of Probation
- 3 1008 By-Law - Dogs
- 2 1010 By-Law - Parking Occurrences
- 1 1011 By-Law - Other
- 1 1012 Civil Disputes
- 36 1013 Community Services
- 2 1014 Crime Prevention
- 3 1016 Domestic Dispute (Non-violent)
- 3 1018 Escorts - Prisoner
- 12 1023 Judge's Order (Court)
- 6 1028 Probation Orders
- 2 1029 Suspicious Persons
- 6 1030 Suspicious Vehicles
- 13 1031 Suspicious Circumstances
- 1 1035 Warrant - Committal
- 4 1036 Warrant - Bench/First
- 1 1037 Warrant - Search
- 2 1041 Mental Health Act
- 1 1044 Attempt Theft
- 1 1050 Youth Complaint
- 1 1052 Shooting Complaint
- 1 1056 Hazardous Conditions
- 19 106 Provincial Statutes - Other
- 4 204 Sexual Assault
- 1 3030 Admin - Assist Other Agency
- 1 705 Dangerous Operation MV
- 2 711 Impaired Operation MV
- 1 713 Fail/ Refuse Breath Sample
- 4 715 Fail to Stop/Remain (CCC)
- 36 721 Traffic - Provincial Statutes
- 1 723 Traffic - Parking Violations
- 1 725 PI MVC (Personal Injury)
- 2 Incident Type Not Listed



MCA TEXT ALERTS

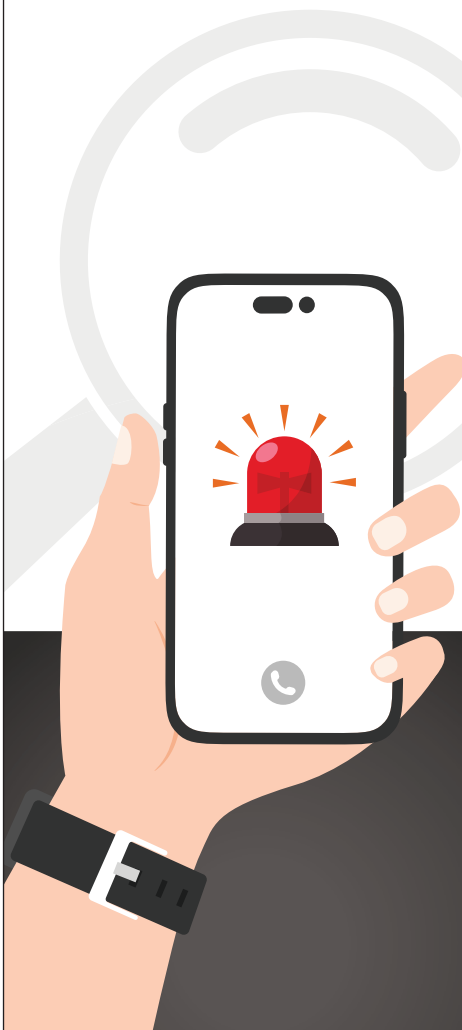


Stay in the loop with the Mohawk Council of Akwesasne by registering to receive mobile/text alerts. Receive urgent or important messages right to your cell phone, free of charge!

SIGN UP TODAY BY VISITING:
www.akwesasne.ca/textalerts



FOLLOW MCA ON SOCIAL MEDIA



IF YOU

SEE

SOMETHING

SAY

SOMETHING

Please report any suspicious activity or persons in the area to the police.

Akwesasne Mohawk Police Service: **613-575-2000**

Akwesasne Crime Stoppers: **613-575-2255**

Saint Regis Mohawk Tribal Police: **518-358-9200**

