



Request for Proposals

Mental Health and Wellness Professional Services

Issue Date: November 17, 2025

Background of the Mohawk Council of Akwesasne

The Mohawk Council of Akwesasne (MCA) is the elected government of the northern portion of the Akwesasne Territory, encompassing the districts of Kawehno:ke (Cornwall Island, ON), Kana:takon (St. Regis, QC), and Tsi Snaihne (Snye, QC). MCA provides programs and services to improve the health and well-being of community members through a variety of departments, including the Department of Health.

The Department of Health delivers holistic services encompassing Primary Care, Community Health, Mental Health & Wellness, Addictions, Traditional Medicine, and Land-Based Healing. Its mission is to promote physical, mental, emotional, and spiritual well-being for all community members.

Purpose

The MCA Department of Health is seeking qualified professionals or agencies to provide specialized mental health services to support community members through culturally informed, evidence-based care.

The Department intends to establish a roster of qualified providers to address diverse needs, including but not limited to:

- Psychotherapy and Counselling
- Clinical Psychology
- Psychiatry
- Trauma and Crisis Response
- Addictions and Recovery Supports
- Culturally Based Healing and Wellness Services
- Digital Mental Health Solutions (e.g., telehealth, app-based monitoring)

This RFP aims to expand capacity and ensure continuity of care across MCA-operated health programs, including the Mental Health & Wellness Program, Addictions Outpatient Program, and related health sites in Akwesasne and Cornwall.

Scope of Work

The successful Proponent(s) will deliver services in one or more of the following areas:

Direct Client Care:

- Provide mental health assessments, counselling, psychotherapy, or psychiatric care to clients referred through MCA programs.
- Deliver care in accordance with professional licensing standards, relevant provincial/territorial regulations, and MCA policies.

Clinical Supervision and Consultation:

- Offer supervision to clinical staff, trainees, or cultural practitioners as requested.
- Support interprofessional collaboration and promote adherence to ethical and clinical standards.

Training and Capacity Building:

- Facilitate workshops and/or group sessions using trauma-informed practices and that are culturally safe.

Program Development and Evaluation (if applicable):

- Assist with evaluation of program outcomes, workflow optimization, or integration of digital care tools (e.g. mental health apps, software).

Data Security and Confidentiality:

- Maintain compliance with PHIPA, PIPEDA, HIPAA, OCAP and MCA's Privacy and Records Management policies.

All client files and case notes remain the sole property of MCA.

Timeframe and Deliverables

- **Contract Period:** Typically, twelve (12) months – 3 years, with the possibility of renewal based on performance and funding availability.
- **Deliverables:**
 - Bi-weekly or monthly invoices and progress summaries.
 - Attendance at required staff meetings, trainings, and community events as applicable.

- Final summary or outcome report at contract completion.

Proposal Requirements

All proposals must include:

1. **Cover Letter** outlining area(s) of expertise and interest.
2. **Proponent Information** — full legal name, address, contact details, and business registration (if applicable).
3. **Qualifications and Experience** — licenses, certifications, professional designations, and résumé/CV.
4. **Description of Services Offered** and approach to culturally safe, trauma-informed care.
5. **Proposed Fees and Availability Schedule.**
6. **References** (minimum two professional references).
7. **Proof of Insurance** and professional liability coverage.

Budget

This initiative is supported through First Nations Child & Family Services (FNCFS) funding and Mental Wellness Teams funding, both of which are federal funding sources.

The Mohawk Council of Akwesasne (MCA) reserves the right to award multiple contracts under this RFP based on proposal quality, demonstrated community need, and overall budget feasibility.

Individual contract amounts will vary according to the proposed scope of work, service volume, and qualifications of the provider.

Note: All proposed costs must be clearly itemized and inclusive of all applicable fees and expenses. The MCA assumes no responsibility for any costs incurred in the preparation or submission of proposals.

Evaluation of Proposals

Criteria	Weight
Demonstrated expertise and credentials	30%
Experience working with Indigenous communities	25%

Criteria	Weight
Quality & cultural relevance of service approach	20%
Cost effectiveness and flexibility	15%
References and reliability	10%

Inquiries and Proposal Submissions

Proposals must be submitted electronically to: Mohawk Council of Akwesasne-
Department of Health

Attn: Associate Director of Mental Health & Wellness

Email: proposals@akwesasne.ca

Deadline: Friday, December 19, 2025

Late or incomplete proposals may not be considered.

General Terms

- The MCA reserves the right to reject any or all proposals.
- Successful proponents will be required to sign a **Professional Services Contract** consistent with MCA standards (sample available upon request).
- All costs incurred in preparing a proposal are the responsibility of the proponent.